

SMALL SHIP CRUISING IN
**CENTRAL AMERICA
& THE CARIBBEAN**

ABOARD THE MS HEBRIDEAN SKY
JANUARY TO MARCH 2026



NOBLE CALEDONIA

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DEAR TRAVELLER



Small Ship Cruising in Central America & the Caribbean with Noble Caledonia

Escape the UK winter and join us aboard the all-suite MS Hebridean Sky in Central America or the Caribbean as we undertake some unique itineraries which would be difficult to comprehend or achieve by any other means than a small ship. With the MS Hebridean Sky and her fleet of Zodiac landing craft, we will be able to visit some small islands and ports which the larger cruise vessels simply cannot access and skip the arduous, lengthy land travel which such itineraries would usually entail and instead relax on board as we deliver you to a new and exciting destination each day.

If you have been contemplating a visit to Central America or the Caribbean, then the voyages in this brochure could offer the perfect opportunity. They take place in 2026 when we will be celebrating our 35th anniversary. Since 1991 we have been devising unique itineraries for the discerning traveller and have grown a large and loyal following of guests who return in the knowledge that they will be travelling with like-minded fellow passengers in an English-speaking environment, surrounded by those who are interested in exploration and new experiences.

With a maximum of just over 100 fellow travellers on board the MS Hebridean Sky, there is no queuing to disembark for an excursion and when required there will only be a small number of vehicles waiting on the quayside to transport you to the day's attraction as opposed to a whole fleet of coaches waiting for the passengers travelling on the big ships. Our cruises are researched and planned to enable you to explore fascinating sights in the company of local guides and whilst on board you will be in the company of a team of specialists, be they our expedition teams who are leaders in their respective fields or our Guest Speakers who will enhance your experience by delving further into the history and cultures of the destinations visited. In addition, the friendly, attentive crew together with our Captain and Officers, do their utmost to make each day a rewarding experience.

Our ultimate aim when planning our schedules is to create travel experiences that are enriching, memorable and highly enjoyable and we believe we have achieved this with the journeys detailed in this brochure. Our flexible itineraries and knowledgeable onboard team will enable us to make the most of each day, whether we are landing on remote beaches by Zodiac, searching for endemic flowers, mammals and birds with our onboard naturalists, meeting with local people or learning about the ancient or colonial and often turbulent history of the region.

We look forward to welcoming you on board.

Yours sincerely

A handwritten signature in dark ink, appearing to read 'Tim Cochrane'.

Tim Cochrane
Managing Director



NOBLE CALEDONIA
CHARITABLE TRUST

NOBLE CALEDONIA CHARITABLE TRUST

During our worldwide explorations over the years, we have come across many situations where help is desperately needed, be it following a natural disaster, civil unrest, abject poverty or to save an endangered species. To this end we established the Noble Caledonia Charitable Trust in 2013 (NCCT). It is our vision to use the Noble Caledonia framework to improve economic, social and environmental conditions in the areas we work and visit. Our onboard teams are uniquely positioned to identify projects and lead fundraising initiatives, whilst many of our guests genuinely care about the people and places we visit and want to make a difference. 100% of all donations go directly to the beneficiaries as Noble Caledonia Ltd covers all the administration costs and donates a percentage of profits annually. Details of our projects can be found on our website www.noble-caledonia.co.uk



MS HEBRIDEAN SKY



Friendly Service



Owner's Balcony Suite



The Restaurant

The MS Hebridean Sky is one of our two flag ships and sister vessel to the MS Island Sky. Both vessels were built in the same shipyard in Italy at similar times and share the same excellent attributes that make them two of the finest small ships in the world. With a maximum passenger capacity of only 118, a vessel of her size is capable of carrying many more but instead the MS Hebridean Sky has the benefit of unusually large suites, luxuriously appointed public areas and spacious outside decks.

Your Suite

On board there are 59 exceptionally spacious and well-designed suites. All feature a sitting area and some have private balconies. The feeling of luxury is enhanced by the wood panelling and brass, which predominates throughout the vessel conveying the atmosphere of a private yacht. The passenger accommodation is arranged over five decks and all suites have outside views with those on the Scott and Shackleton Decks featuring private balconies. Each suite affords considerable comfort with en-suite bathroom featuring vanity unit with sink and walk-in shower, large wardrobes, dressing table with large mirror and stool and excellent storage. There is a mini-fridge, flat screen television and a telephone in each suite. Refillable water bottles, towelling dressing gowns and slippers are also provided for your comfort. Other facilities include a programmable electronic safe, hairdryer, assorted Noble Isle toiletries and individually controlled air-conditioning and heating. Soft hues and blended tones enhance the traditional maritime style making the passenger accommodation an inviting and relaxing place to be.

Your Dining

With only one sitting and a maximum of just over 100 passengers, the cuisine on board the MS Hebridean Sky is of a consistent superior quality that befits such a vessel. In keeping with the informal atmosphere on board, when dining you are able to choose your seating arrangements and choice of restaurants at your leisure; whether that be joining a table of four to six other passengers in the elegant à la carte Restaurant or, outside buffet-style on the Lido Deck in the evening sunshine. In the main Restaurant, breakfast is served buffet-style, with certain items cooked to order on request. Lunch and dinner menus offer plenty of choice, often reflecting the daily catch and local delicacies. The Welcome and Farewell dinners are a sumptuous five course affair. To enhance your dining experience further a selection of wines is included with both meals. Afternoon tea and pre-dinner canapés take place in either the comfort of the Lounge or out on the Lido Deck when the weather is favourable. Tea and coffee are also available 24 hours a day. Special diets can be catered for with sufficient notice.



The Library



Superior Suite



The Club

Your Space

The spacious and finely decorated public rooms include a large Lounge on the Byrd Deck featuring a selection of seating options from individual armchairs and sofas to side cushioned benches. Daily briefings given by the Cruise Director and talks from Guest Speakers and expedition staff take place in the Lounge. In addition to the main Lounge, there is also The Club, located on the Mawson Deck which features the main bar. The Club also features a 24-hour tea and coffee station. Towards the aft of the ship on the Mawson Deck is the Library. Well stocked with reference books pertaining to the destinations the vessel is visiting and a selection of essential reads, you will not find yourself short of excellent literature on board. A collection of games as well as devices to access the internet via the ship's satellite can also be found in the Library. Access to the ship's satellite Wi-Fi via your own device is complimentary on board (*signal strength varies depending on location and demand*). The main Restaurant, which can seat all guests at one sitting, is located on the Amundsen Deck, and outside there is a rear Lido Deck located on the Scott Deck where meals are served in warm weather under shade. Further to this on the top Shackleton Deck there is an observation area, complete with sun loungers for sunbathing, relaxing with a book or catching up with fellow travellers. The Promenade Deck wraps around the whole ship providing outstanding views. There is also a small beauty salon on board with appointments made on request.

Your Comfort

The MS Hebridean Sky is equipped with the latest safety, navigation and communications equipment along with roll stabilisers to minimise the ship's motion. During your voyage we hope to offer you the opportunity to visit the Captain and Officers on the Bridge to check the vessel's progress by charts and learn more about your journey. On board you will also find a clinic and Doctor and a lift that serves all decks. When at anchor our nimble Zodiacs will ferry you ashore or, on select cruises, enjoy Zodiac cruises getting you closer to the natural world.

Your Life On Board

The atmosphere on board is warm and convivial and more akin to a private yacht or country hotel in which you can learn more about the wonderful destinations you are visiting in the company of like-minded people. There is a high ratio of crew to passengers and our friendly crew of 75 are mainly Filipino and Eastern European and our Captains are experienced mariners. After a day ashore you will return to the comfort and peace of a well-run and exceedingly comfortable ship where peace, high quality of service and attention to detail are the order of the day. A little music in the Lounge or bar after dinner, Guest Speakers and informative port briefings and of course good food, all contribute to make any voyage aboard this wonderful vessel a memorable and joyful experience.

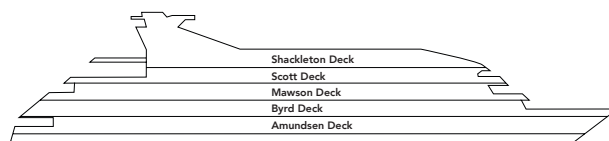


Please note that cruises with this logo visit out of the way destinations and will be accompanied by an expedition team. Landings and excursions will be made by Zodiac landing craft. These cruises will appeal to the more adventurous and those who enjoy the natural world.

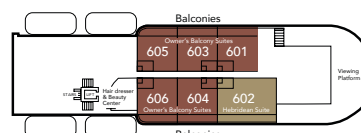


Alfresco Dining

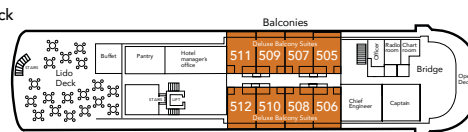
MS HEBRIDEAN SKY DECK PLAN



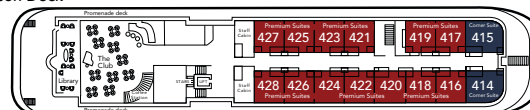
Shackleton Deck



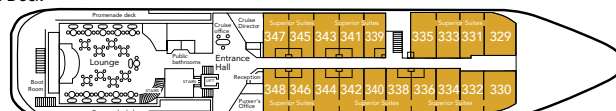
Scott Deck



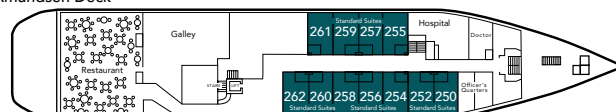
Mawson Deck



Byrd Deck



Amundsen Deck



- Standard Suites
- Superior Suites
- Premium Suites
- Corner Suites
- Deluxe Balcony Suites
- Owner's Balcony Suites
- Hebridean Suite

Please note that beds in each suite can be configured as double or twin with the exception of suites 601 and 602 which feature a fixed double bed.

RAINFORESTS, CORALS & CULTURES OF THE CARIBBEAN

A passage from Antigua to Costa Rica including Colombia & Panama aboard the MS Hebridean Sky
13th to 28th January 2026

When it comes to pure escapism there are few places in the world more fitting than the Caribbean, particularly during the UK's winter months. Escape the cold at home, join just 100 fellow travellers aboard the MS Hebridean Sky in Antigua and set sail on our island hopping voyage through sub-tropical waters to Costa Rica. Every island we will call into on the way has its own culture and this colourful mix of island personalities, varied terrain and lifestyles makes for a marvellous winter break. By and large we will head for the smaller, less visited islands, our small ship providing an easy and comfortable base from which to explore the region and enabling us to visit some small islands and ports which the larger cruise vessels simply cannot access.



During our in-depth itinerary, which will take us all the way to Costa Rica, we will discover some of the most beautiful tropical isles. Many are still untouched by the hands of mass tourism and in the San Blas Islands and the Colombian region of La Guajira we will have the opportunity to visit remote communities where locals live following ancient ways of life. We will explore historical sites and forts of the Spanish, Dutch and British colonial periods combined with the pretty ports, pastel painted towns, wonderful beaches and the flora and fauna of the region. As we sail relatively short distances, we have the benefit of full days on many of the glorious islands allowing for time to join the included, guided excursions combined with the opportunity to explore further independently or perhaps relax on one of the beautiful beaches. Upon arrival in Costa Rica, we have a full day to explore the natural world marvels in the region around Puerto Limon and the opportunity to join an optional five night extension to discover more of the country, one of the most biologically diverse places on earth.

Our flexible itinerary and knowledgeable onboard team will enable us to make the most of each day whether we are landing on tropical beaches by Zodiac, searching for endemic flora and fauna or learning about the history and culture of the islands. There are many ships cruising the Caribbean waters but if you prefer a chance to explore in small groups and to visit the smaller islands and off the beaten track destinations then this is the trip for you.



Pitons, St Lucia

The Itinerary

Day 1 London to St John's, Antigua. Fly by scheduled flight. Arrive and transfer to the MS Hebridean Sky in St John's where we moor overnight.

Day 2 Antigua. On our morning island tour we will enjoy the views from Shirley Heights before heading to Nelson's Dockyard, beautifully located in the English Harbour. See the impressive collection of restored historic buildings which were occupied by the British Navy from 1707 till 1899. Return to the ship for lunch as we spend the afternoon at leisure before we set sail this evening.

Day 3 Dominica. Stepping back in time, the island of Dominica is still the primitive garden that Columbus first sighted in 1493. An area of tropical rainforests, there are flowers of incredible beauty and animals that exist nowhere else in the world. We arrive this morning in the small port of Cabrits, just below the national park and the former British garrison of Fort Shirley, which successfully repelled a French attack during the Trafalgar campaign in 1805. Here you can climb to the fort to explore the ruins, visit the small museum or perhaps simply wander the surrounding trails on the lookout for birds, hermit crabs and lizards.



Pelican, Bonaire



Cartagena



Coral reef



Capuchin Monkeys



Pilon de Azucar, La Guajira

For the keen birders we will offer a tour to the Morne Diablotin National Park where from the viewpoint we hope to see the two endemic parrots of Dominica. This afternoon you may wish to relax on one of the nearby beaches before we sail this evening.

Day 4 St Lucia. St Lucia is a splendidly rugged island of towering mountains, lush green valleys and acres of banana plantations. Due to its strategic position, the island was fought over repeatedly by the French and British and changed hands fourteen times. We will anchor in sight of St Lucia's best-known feature, the twin peaks of the Pitons, which rise dramatically from the sea to more than 2,400 feet. In the nearby town of Soufriere we will visit the bubbling sulphur springs, part of a low-lying volcano which erupted thousands of years ago. Our tour will also include the splendid botanical gardens.

Day 5 Grenada. Explore this wonderful Windward Island which many regard as the most beautiful in the Caribbean. It is a lush and verdant island with spice plantations, rum distilleries, tropical forests, secluded coves, nature trails and select hotels which cling to the hillsides overlooking the ocean. We will moor in the picturesque capital of St George's before heading to Fort George. Built in 1706 with wonderful views over the harbour, it was here in 1983 that the Prime Minister, Maurice Bishop, was assassinated which prompted the invasion by US troops. We will continue to a spice garden where we learn about the herbs that grow here before we end at one of the island's rum distilleries.

Day 6 At Sea. Spend a relaxing day at sea.

Day 7 Bonaire, Dutch Caribbean. Spend the day in Bonaire, famous for the variety of its corals, fish and clear waters. This morning you may wish to take a scenic island tour to see the saltwater lagoon at Lake Goto, where we may be lucky and see pink flamingos, followed by Mangazina di Rei cultural park which showcases indigenous culture. Alternatively, join a local boat as we make our way to one of the nearby uninhabited islands near Klein Bonaire. Here, there will be the option to swim from the beach or snorkel over the coral reefs. Returning to the MS Hebridean Sky for lunch, the afternoon is free to explore the town of Kralendijk at your own pace from our central berth.

Day 8 Curacao. Moor this morning at the UNESCO World Heritage Site of Willemstad. The city has a rich history dating back to the 16th century and the island's colonial Dutch heritage sets a genteel tone amid markets, museums and cafes. Enjoy an excursion to explore the historic

downtown district including Fort Amsterdam. Return to the ship for lunch and set sail for Colombia.

Day 9 Cabo de la Vela, Colombia. Arrive in Colombia in the far northwestern region of La Guajira, an area of wild desert, beautiful landscapes and stunning beaches that border the Caribbean Sea. This is an area sacred to the indigenous Wayuu people who have lived in the region for over 2,000 years since relocating from the Amazon rainforest and have battled Spanish invaders as well as, more recently, the Colombian Government to keep their traditions alive. Visiting a community, our local guides will teach us about their culture and we will see some of the crafts including the famous Mochila bags.

Day 10 Santa Marta. We continue our exploration of Colombia in the Santa Marta area which is renowned for the eco-diversity and dramatic beauty of the Sierra Nevada Mountains, the highest coastal mountain range in the world, that sweep down to the sea. From our berth we will travel slightly inland to the Tayrona National Park this morning. Covered in large part by virgin tropical forest, the park is home to many varied species of mammals, birds and reptiles. On a walk through this semi-tropical jungle we will be joined by a local guide who will offer insights into the park's vegetation, animals and ecosystem. Alternatively, explore the town of Santa Marta, see Bolivar Plaza and the bustling streets with their eclectic mix of Spanish Colonial, Republican and contemporary architecture, and the 17th century cathedral, Colombia's oldest church. Also visit the small Gold Museum which houses some interesting gold and pottery objects from the indigenous cultures that inhabit the Sierra Nevada Mountains which rise up behind the city.

Day 11 Cartagena. Cartagena is one of the most fascinating cities in South America and this morning we will enjoy a walking tour of the colonial walled city which is virtually surrounded by water and steeped in history, with a wealth of 16th and 17th century buildings and churches. Our guides will bring the history of the city to life as we walk its streets and ramparts. We will visit the 16th century Fort of San Felipe, the Monastery of San Pedro Claver, Plaza de la Aduana and Iglesia de Santo Domingo. The afternoon is free to explore further at your own pace.

Day 12 San Blas Islands, Panama. After a morning at sea we arrive in the stunning San Blas archipelago. The archipelago is made up of over 400 islands that line the north coast of Panama with white sandy beaches set in a turquoise sea. The islands are home to the indigenous Kuna Indians who gained self-rule from the government of Panama in the 1920s and



maintain their traditional way of life including the production of colourful fabric art known as 'molas'. We will have time to take a nature walk or perhaps enjoy a swim from the beach.

Day 13 Bocas del Toro. Today we arrive in the Bocas del Toro archipelago, pristine islands which are now part of a national marine park. This afternoon we will visit the small town of Bocas del Toro and have free time to wander amongst the fine old Spanish buildings or maybe visit one of the local beaches.

Day 14 Puerto Limon, Costa Rica. Arriving into Costa Rica we head to the Cahuita National Park. The area is filled with wildlife that includes howler monkeys, white-faced capuchin monkeys, raccoons, sloths, otters, coatis, agoutis, armadillos and porcupines. Several avian species also live in the swamp forest including the green ibis, the green kingfisher, the yellow crowned night-heron, the frigate bird and the boat-billed heron among others. Our naturalist guides will lead us through the trails of the rainforest, sharing their vast knowledge of this fragile ecosystem. Alternatively, take a boat ride through the scenic Tortuguero canals, known as the Costa Rican Amazon as the surrounding rainforest supports a wide range of flora and fauna. Here we can hopefully sight waterfowl, monkeys, lizards, sloths and toucans. We return to the ship via a banana plantation where we learn about this staple of the local economy.

Day 15 Puerto Limon to London. Disembark this morning and transfer to San Jose airport for our scheduled flight to London.

Day 16 London. Arrive this morning.

SHIP TO SHORE

Please note that this voyage is not classified as an expedition cruise but will appeal to those who enjoy the natural world. We will be at anchor in St Lucia, Cabo de La Vela, San Blas and Bocas del Toro where we will make use of the vessel's Zodiacs to transfer ashore.

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £300 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£10295	£9995
Byrd	Superior	£10495	£10195
Mawson	Premium	£10695	£10395
Mawson	Corner	£10995	£10695
Scott	Deluxe Balcony	£11795	£11495
Shackleton	Owner's Balcony	£11995	£11695
Shackleton	Hebridean	£12495	£12195
Amundsen	Standard for sole use	£10295	£9995
Byrd	Superior for sole use	£10495	£10195

PRICE INCLUDES: Economy class scheduled air travel • 14 nights aboard the MS Hebridean Sky on a full board basis • House wine, beer & soft drinks with lunch and dinner • Shore excursions • Noble Caledonia onboard team • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

Post-cruise Costa Rica Extension

27th January to 2nd February 2026

If you would like to discover more of Costa Rica after your cruise, you can join our extension which includes the Monteverde Cloud Forest and Arenal.

The Itinerary

Day 1 Puerto Limon to Arenal, Costa Rica. Disembark this morning and transfer to Arenal including a stop for lunch. On arrival check into our hotel for a two night stay. Tonight, we will enjoy dinner at a local restaurant. (B, L, D)



Day 2 Arenal. After breakfast we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits the eruption provided to the region. Following lunch there will be the opportunity to enjoy a treetop cable car ride, and for the more adventurous, to participate in a zip-line adventure, providing an exhilarating bird's eye view of the park. (B, L, D)

Day 3 Arenal to Monteverde. This morning we take the picturesque journey to Monteverde Cloud Forest. On the way we will stop at the El Silencio de Los Angeles private reserve where the rangers will introduce the variety of fauna and flora in this tropical biosphere. After lunch we continue to Monteverde and check into our hotel for a two night stay before dinner in the hotel this evening. (B, L, D)

Day 4 Monteverde. Today we will experience the hanging bridges of the Monteverde Cloud Forest Sky Walk which cross the canyons below and bring us face to face with the upper level of the forest canopy. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. We will also have the opportunity to make our way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be served at a local restaurant. (B, L, D)

Day 5 Monteverde to San Jose. After breakfast we start our journey to San Jose, visiting the Espiritu Santo estate for an insight into one of Costa Rica's prime exports, coffee. Here we will learn about the processes involved in the harvesting and manufacturing of this ubiquitous beverage. Upon arrival into San Jose check in to our hotel for an overnight stay. (B, L, D)

Day 6 San Jose to London. Check out from the hotel after breakfast and transfer to the airport for our scheduled flight to London. (B)

Day 7 London. Arrive today.

PRICES PER PERSON

Based on double occupancy

Twin: £2595 Single: £3195

Price Includes: Two nights hotel accommodation in Arenal, two nights hotel accommodation in Monteverde, overnight hotel accommodation in San Jose, meals as indicated (B - Breakfast, L - Lunch, D - Dinner), house wine, beer & soft drinks with lunch and dinner, excursions, English speaking guide, Noble Caledonia Tour Manager, gratuities, transfers.

Not Included: Travel insurance.



EAST & WEST OF PANAMA



Discover the natural wonders of Costa Rica, Panama & Colombia including a transit of the Panama Canal aboard the MS Hebridean Sky

26th January to 9th February 2026

Here is a perfect voyage for those who have a passion for the natural world. Join us aboard the all-suite MS Hebridean Sky as we sail from Costa Rica's Caribbean shores to the country's Pacific coast spending time in Panama, transiting the iconic Panama Canal and visiting Colombia along the way with opportunities to swim from some of the region's beaches.

Whilst many explore the region by means of long, overland travel traversing rugged roads in order to get around, there is an easier and more comfortable way to explore the region and that is by small ship. The MS Hebridean Sky is the perfect vessel for such a journey and our Zodiacs will be put to good use in the more remote places allowing us to land and explore otherwise unreachable places. With just over 100 passengers, we can explore in small groups ashore and enjoy a convivial atmosphere on board.

Our voyage begins and concludes in Costa Rica which, although small in size has a particular topography and position between the Atlantic and Pacific oceans which results in it being one of the most biologically diverse places on earth with teeming rainforest, cloud forest, hot volcanoes and a remarkably diverse landscape and culture. Added to this is the famous wildlife of the region: spider, howler and capuchin monkeys, coatimundis and over 300 species of birds including brilliant toucans and scarlet macaws which we will discover during our guided walks through some stunning national parks including the Cahuita National Park, Golfito National Wildlife Refuge and the Carara National Park. In addition to our time in Costa Rica and Panama, we have the added advantage of time to discover the magnificent natural wonders of Colombia where we find the Utria National Park, a tropical forest which reaches down to the sandy beaches. Our flexible itinerary and knowledgeable onboard team will enable us to make the most of each day, whether we are landing on remote beaches by Zodiac, searching for endemic flowers, mammals and birds with our naturalists or swimming from the local beaches.



Bocas Del Toro

MS Hebridean Sky, Panama

The Itinerary

Day 1 London to San Jose, Costa Rica. Fly by scheduled flight. Arrive and transfer to our hotel for an overnight stay.

Day 2 San Jose to Puerto Limon. After breakfast in the hotel we transfer to Puerto Limon, enjoying lunch on the way before embarking the MS Hebridean Sky this afternoon. Moor overnight.

Day 3 Puerto Limon. This morning we head to the Cahuita National Park. The area is filled with wildlife that includes howler monkeys, white-faced capuchin monkeys, raccoons, sloths, otters, coatlis, agoutis, armadillos and porcupines. Several avian species also live in the swamp forest including the green ibis, the green kingfisher, the yellow crowned night-heron, the frigate bird and the boat-billed heron among others. Our naturalist guides will lead us through the trails of the rainforest, sharing their vast knowledge of this fragile ecosystem. Alternatively, take a boat ride through the scenic Tortuguero canals, known as the Costa Rican Amazon as the surrounding rainforest supports a wide range of flora and fauna. Here we can hopefully sight waterfowl, monkeys, lizards, sloths and toucans. We return to the ship via a banana plantation where we learn about this staple of the local economy.

Day 4 Bocas del Toro, Panama. Arriving in Panama we have a day in the Bocas del Toro archipelago, pristine islands which are now part of a national marine park. We spend the day surrounded by astounding beauty with the option to visit the small town of Bocas del Toro and have free time to wander amongst the fine old Spanish buildings or maybe visit one of the local beaches for a swim in the clear waters.



White-faced Capuchin monkeys



Panama Canal Transit



Panama Viejo



Sloth, Cahuita National Park



Utria National Park



Exploring by Zodiac

Day 5 Panama Canal Transit. After a morning at sea we spend the afternoon and evening transiting the Panama Canal. The first attempt to build the canal was made by a French company but ended in failure in 1889. The American government eventually bought out the French for 40 million dollars, and their attempt to build the Canal started in 1904. Through the efforts of over 80,000 workers and the loss of more than 30,000 lives, the greatest single construction project ever undertaken was completed. The project ended in triumph, with the Canal opening in 1914, and it is now a vital artery of international trade, with nearly 14,000 ships travelling through it every year.

Day 6 Panama City. This morning we arrive at Panama City, a combination of the historic old town, declared a UNESCO Historical Site, and the ultra-modern new town. We head out to stroll along the cobblestone streets of the Casco Antiguo visiting the colonial mansions and 17th century churches and convents before continuing to Panama Viejo and the original ruins of the city founded in 1517 which was burnt to the ground by British pirate Henry Morgan. The many changes in the city can be identified by its unique architecture, influenced by a wonderful blend of French, Spanish and Italian styles. Return to the ship for lunch and a relaxing afternoon at sea.

Days 7 & 8 Bahia Solano & Utria National Park, Colombia. Today we land on the Pacific coast of Colombia and have a day and a half to explore this beautiful area which is well off the traditional cruise routes. Here we find the Utria National Park, a tropical forest which reaches down to the sandy beaches. Using our Zodiacs to get ashore we will enjoy hikes and nature trails and observe the flora and fauna with our local guides. In Bahia Solano we will visit the small town whilst those feeling active may wish to join a guided walk to a private rainforest reserve which runs alongside the Rio Mecana and is part of a 170 hectare nature reserve. Made up of mangroves, tropical forest, native plants and trees of the Choco region, our local guides will point out the indigenous plants and birdlife and highlight the ongoing reforestation

programmes. We also hope to offer a chance to swim from one of the beaches.

Day 9 At Sea. Spend the day at sea, join a lecture in the lounge and relax on deck.

Day 10 Chiriqui Gulf Marine Park, Panama. Return to Panama and the Chiriqui Gulf Marine Park which spreads over 36,000 acres and comprises of 25 islands and numerous coral reefs. Created in 1994 the Marine Park's aim is to aid the preservation of the region's ecosystems, diverse flora and fauna, scientific conservation projects and protect the islands' endangered inhabitants. We will land on one of the islands where you may choose to take a nature walk to mangroves learning about the local flora and fauna or find a spot under a palm tree on the beach and take a swim.

Day 11 Golfito & Puerto Jimenez, Costa Rica. Spend the morning in one of Costa Rica's most famous National Parks, the Golfito National Wildlife Refuge. Spread out over 2,810 hectares the refuge is home to many species of birds including macaws, parrots and brown pelicans whilst common mammal sightings include white-faced capuchins, spider monkeys, howler monkeys and many species of snakes and butterflies. Over lunch we sail across Golfo Dulce to Puerto Jimenez from where we will visit one of the nearby Finca that specialise in cacao production. The crop has been grown in this region since the Mayans and we will learn about the cultivation of the crops and after walking through the plantation see how it is transformed into chocolate. Alternatively join a walk in La Perica Sloth Garden where we will have the opportunity to spot the animals in their natural environment as well as other wildlife including hummingbirds and iguanas.

Day 12 Playa Herradura. From our anchorage in Herradura there will be a choice of excursions this morning. Maybe choose to visit the Carara National Park, which covers an area of over 5,000 hectares and more



Tortuga Island

than three different vegetation zones. Jungle giants overgrown with climbing plants and a thick covering of foliage and orchids show you nature at her most primordial. After exploring the forest we continue to the Tarcoles River, a place that provides a great habitat for many endemic birds. Boarding our local boat we will keep an eye out for some of the many species of birds including hummingbirds, vireo, flycatchers, herons and egrets. We may also see mammals and insects, whilst the shores of the Tarcoles River are home to one of the country's largest crocodile colonies. Alternatively you may wish to visit the Pura Vida Gardens which contain spectacular flora, fauna, waterfalls and views of the Pacific. In this garden, thousands of flowers have been added as well as several varieties of orchids, not only from Costa Rica but from all over the world which display a frenzy of colour.

Day 13 Curu National Park & Tortuga Island. We spend the morning exploring the Curu National Wildlife refuge which boasts a rich and diverse wildlife in five different habitats ranging from marine zones, including a wide beach area, mangrove swamps and tropical forests. Here on a range of walks we will find a number of species of birds, howler and capuchin monkeys and turtles. Over lunch we sail the short distance to Tortuga Island where we have the chance to spend the afternoon relaxing on the white sand beaches or swimming in the clear waters.

Day 14 Puerto Caldera to London. Disembark this morning and transfer to San Jose for our scheduled flight to London.

Day 15 London. Arrive this afternoon.

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£10295	£9795
Byrd	Superior	£10495	£9995
Mawson	Premium	£10695	£10195
Mawson	Corner	£10995	£10495
Scott	Deluxe Balcony	£12195	£11695
Shackleton	Owner's Balcony	£12395	£11895
Shackleton	Hebridean	£12995	£12495
Amundsen	Standard for sole use	£12295	£11795
Byrd	Superior for sole use	£12495	£11995

PRICE INCLUDES: Economy class scheduled air travel • 12 nights aboard the MS Hebridean Sky on a full board basis • Overnight hotel accommodation in San Jose with a breakfast • Lunch on day 2 • House wine, beer & soft drinks with lunch and dinner • Shore excursions • Noble Caledonia expedition team • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

Post-cruise Costa Rica Extension

8th to 14th February 2026

If you would like to discover more of Costa Rica after your cruise, you can join our five night extension which includes the Monteverde Cloud Forest and Arenal.

The Itinerary

Day 1 Puerto Caldera to Monteverde, Costa Rica.

Disembark this morning and transfer to Monteverde enjoying lunch along the way. On arrival check into our hotel for a two night stay and enjoy dinner at the hotel this evening. (B, L, D)



Monteverde Cloud Forest

Day 2 Monteverde. Today we will experience the hanging bridges of Monteverde Cloud Forest Sky Walk which cross the canyons below and bring us face to face with the upper level of the forest canopy. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. We will also have the opportunity to make our way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be served at a local restaurant. (B, L, D)

Day 3 Monteverde to Arenal. This morning we will begin our journey to Arenal. On the way we will stop at the El Silencio de Los Angeles private reserve where the rangers will introduce the variety of fauna and flora in this tropical biosphere. After lunch we continue to Arenal and check into our hotel for our two night stay. Tonight we will enjoy dinner at a local restaurant. (B, L, D)

Day 4 Arenal. After breakfast, we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits the eruption provided to the region. There will also be the opportunity to enjoy a treetop cable car ride and for the more adventurous, to participate in a zip-line adventure, providing an exhilarating bird's eye view of the park. (B, L, D)

Day 5 Arenal to San Jose. Today we will make our way to San Jose, visiting the Poas Volcano National Park this morning. After a short walk, we will be treated to spectacular 180-degree views of the volcano's crater and the picturesque surrounding area. We will also visit the Doka Estate for an insight into one of Costa Rica's prime exports, coffee. Upon arrival into San Jose check into our hotel for an overnight stay. (B, L, D)

Day 6 San Jose to London. Check out from the hotel after breakfast and transfer to the airport for our scheduled indirect flight to London. (B)

Day 7 London. Arrive today.

PRICES PER PERSON

Based on double occupancy

Twin: £2595 Single: £3195

Price Includes: Two nights hotel accommodation in Arenal, two nights hotel accommodation in Monteverde, overnight hotel accommodation in San Jose, meals as indicated (B - Breakfast, L - Lunch, D - Dinner), excursions, English speaking guide, Noble Caledonia Tour Manager, gratuities, transfers.

Not Included: Travel insurance.



ANCIENT & NATURAL WONDERS OF CENTRAL AMERICA

A voyage from Costa Rica to Guatemala including Nicaragua & El Salvador
aboard the MS Hebridean Sky

7th to 20th February 2026



This unique voyage from Puerto Caldera in Costa Rica to Guatemala's captivating, UNESCO World Heritage city of Antigua by way of Nicaragua and El Salvador is a fascinating journey through some of Central America's most picturesque and fascinating destinations. The region is imbued with colour and culture with a tremendous mix of natural beauty and historical sites which we will discover accompanied by our knowledgeable expedition team and excellent local guides.

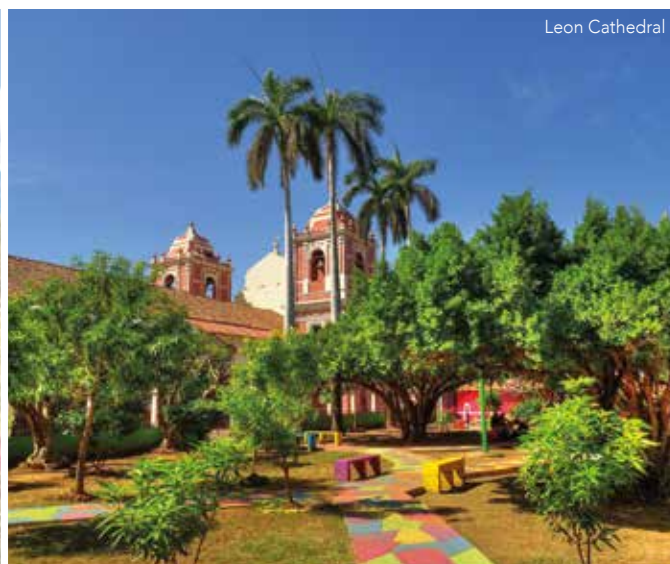
An unusual and appealing aspect of our unique voyage will be our four days of exploration in El Salvador, a small and often overlooked country in the region but one which offers an extraordinary array of wildlife, magnificent birdlife, Mayan ruins and stunning scenery. We will also spend time in Nicaragua, Central America's largest country and one that remains delightfully undiscovered where we will witness extraordinary volcanic landscapes and take in the splendours of the colonial cities, from the pastel hues of the great buildings that line the streets of Granada to the shady gardens, plazas and colonial architecture of delightful Leon.

Natural wonders abound during our itinerary and some of the highlights will be our visit to Costa Rica's Curu National Wildlife Refuge and the Palo Verde National Park where we hope to see capuchin monkeys, turtles, armadillos, jaguarondis and coatis. We will also experience two of Central America's most picturesque lakes. Whilst in Nicaragua we will enjoy a relaxing boat ride on Lake Nicaragua, the largest lake in Central America where the serene waters surround a series of volcanic islands, and during our time in Guatemala we will visit Lake Atitlan, described by Aldous Huxley as the most beautiful lake in the world.

Our days will be spent searching for endemic flora and fauna in some splendid national parks with our onboard naturalists, learning about the colonial and often turbulent history of the region, discovering Mayan ruins and visiting some charming towns. If you have been contemplating a visit to Central America, then this fascinating voyage could offer you the perfect opportunity with its mix of natural and ancient wonders.



Lake Atitlan



Leon Cathedral



Scarlet Macaw



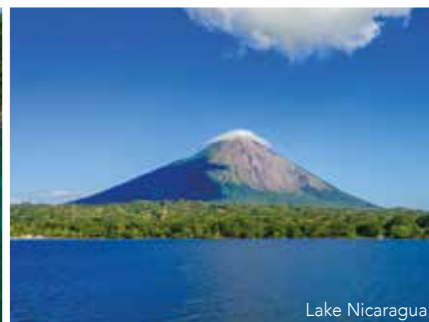
Hawksbill Sea Turtle



Armadillo



Tortuga Island



Lake Nicaragua

The Itinerary

Day 1 London to San Jose, Costa Rica. Fly by scheduled flight. Arrive and transfer to our hotel for an overnight stay.

Day 2 San Jose to Puerto Caldera. After breakfast in the hotel and some free time, we will transfer to Puerto Caldera, enjoying a local lunch on the way. On arrival, embark the MS Hebridean Sky.

Day 3 Curu National Park & Tortuga Island. We spend the morning exploring the Curu National Wildlife Refuge which boasts a rich and diverse wildlife in five different habitats ranging from marine zones, including a wide beach area, mangrove swamps and tropical forests. Here on a range of walks we will find a number of species of birds, howler and capuchin monkeys and turtles. Over lunch we sail the short distance to Tortuga Island where we will spend the afternoon relaxing on the white sand beaches or swimming in the clear waters.

Day 4 Palo Verde National Park. Our final stop in Costa Rica is Playa Flamingo in the Papagayo Gulf. Once a small fishing village it has grown into a popular destination for local Costa Rican tourism. We will use our Zodiacs to land before heading inland to the Palo Verde National Park where we will board local boats to travel along the Tempisque River seeing the mangroves and dry forest vegetation which is home to countless birds and multiple mammals. As we will be visiting in the dry season we hope to see peccaries, armadillos, jaguarondis, coatis, agoutis, deer and monkeys which are attracted to the river. We will enjoy lunch at the 19th century Hacienda House with views of the savannahs and sugar cane fields.

Day 5 San Juan del Sur for Granada, Nicaragua. After an early breakfast we will leave from the friendly fishing village of San Juan del Sur for a full day tour to Granada and Lake Nicaragua. Founded in 1523, Granada is Nicaragua's oldest Spanish city and has retained much of its Spanish character with colonial churches, narrow streets and colourful Spanish style homes. We will enjoy a walking tour including the cathedral and convent of San Francisco where we find around 30 pre-Colombian stone statues dating back to 800 AD sculpted by the inhabitants of Zapatera Island on Lake Nicaragua. After a local lunch we will continue to Lake Nicaragua and enjoy a relaxing boat ride amongst the 365 small islands created by the volcanic activity of the Mombacho Volcano around 20,000 years ago. Whilst some islands are inhabited, most remain unspoiled and are home to exotic plants, howler monkeys and orchids.

Day 6 Corinto for Leon. The port of Corinto is our base for our visit to Leon, the former capital of Nicaragua. Here we will explore the colonial architecture and the 18th century cathedral which is one of the most prominent buildings in the city with fantastic views from the rooftop. Inside we will see the fresco paintings, statues and the lion that guards

the tomb of Ruben Dario, the famous Nicaraguan poet. There will be some free time for those who wish to visit the bustling market.

Days 7 & 8 La Union, El Salvador. We have two days to explore the southern region of El Salvador and will offer a number of excursion options. You may wish to follow the 'peace route' set up to remember the events of the 1980s when El Salvador experienced a bitter civil war. It is estimated that over 100,000 were killed in the fighting whilst half a million people fled into exile. We will visit Perquin, once a stronghold of the guerrillas and home to the Museum of the Revolution where former members of the rebel army are willing to share their experiences. We continue to the village of El Mozote where in December 1981 one of the worst atrocities occurred and more than 1000 people were killed in a single day. Our local guides will explain about living in the country during this time and we will see the monument erected for the victims and the memorial garden decorated with brightly coloured murals. There will also be a tour to Alegria, the birthplace of the writer Alberto Masferrer and where we visit the lagoon known as the 'Emerald of America' located in the Tecapa Volcano. A full day tour will also visit the Jiquilisco Bay Biosphere Reserve which is El Salvador's most important marine ecosystem with the coastal area being made up of remote islands, mangrove canals and desolate beaches whilst inland we find beautiful forests and cacao plantations. It is an important base for migratory birds as well as a nesting site for four sea turtle species including one of only two sites in the Pacific for the endangered Hawksbill Turtle. We explore the different areas of the reserve spending time with the environmentalists and scientists who will teach us about the conservation of the turtles, and we will walk through the forest on the lookout for spider monkeys. We will also visit a cacao plantation where we learn about the cultivation of cacao which creates some of the finest chocolate.

Days 9 & 10 Acajutla. From the port of Acajutla our full day excursion will discover the Mayan route starting at the archaeological site of Joya de Ceren, a UNESCO World Heritage Site known as the Pompeii of America. The site was covered by the Loma Caldera volcano explosion which kept the remains of pre-Hispanic civilisation covered for hundreds of years and the site provides a unique insight into everyday life in a Mesoamerican farming community of the 6th century AD. We continue to the ruins of San Andres, once an important political and religious centre and testimony of the Indigo industry during the colonial period, better known as the 'Blue Gold'. After lunch in a local restaurant we will continue to Santa Ana and see the beautiful Gothic Cathedral and National Palace before our tour ends at the ruins of Tazumal, the largest pyramid in El Salvador which dates from 1500 BC and is an important Mayan settlement. The following day our morning tour will explore some of the colonial towns and communities on the 'Flower Route' named after the abundance of flowers found along the roadsides and in the villages. We will drive through the beautiful mountains to the town of Nahuizalco, home to one of the most longstanding native



communities and arts and crafts production sites in the country. We continue to Ataco, the final stop on the Ruta de las Flores. Ataco is a quaint, colonial village that is known for its natural beauty, as well as its brightly painted homes, cobblestone streets, colourful murals and unique arts and crafts. We will return to the MS Hebridean Sky for lunch and a relaxing afternoon at sea.

Day 11 Puerto Quetzal to Antigua, Guatemala. We will disembark after breakfast in Puerto Quetzal and drive to Antigua, a UNESCO World Heritage Site. Built between three magnificent volcanoes in 1542, it is one of the oldest and most beautiful cities in the Americas. Antigua remained an economic and political heart of Central America until a devastating earthquake in 1773 destroyed much of the city. We will explore the city which is a wonder of colonial buildings, beautiful squares, cobblestone streets and Baroque churches. This afternoon we will transfer to our hotel for a two night stay and the remainder of the day will be at leisure for independent exploration before we meet for dinner tonight.

Day 12 Lake Atitlan. After breakfast, we embark on full day tour to Lake Atitlan, described by Aldous Huxley as the most beautiful lake in the world. Surrounded by 12 post-Mayan villages, all bearing the names of Catholic saints, and surrounded by three majestic volcanoes, the experience is unique. We visit the main town of Panajachel where there will be some time at leisure to take some photographs and explore the local shops. After lunch in a local restaurant we will head back to our hotel in Antigua and there will be some free time before we meet for dinner this evening.

Day 13 Antigua to London. Check out from the hotel after breakfast and transfer to Guatemala City airport for our scheduled indirect flight to London.

Day 14 London. Arrive this morning.

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£9495	£8995
Byrd	Superior	£9695	£9195
Mawson	Premium	£9895	£9395
Mawson	Corner	£10295	£9795
Scott	Deluxe Balcony	£11495	£10995
Shackleton	Owner's Balcony	£11795	£11295
Shackleton	Hebridean	£12495	£11995
Amundsen	Standard for sole use	£11495	£10995
Byrd	Superior for sole use	£11695	£11195

PRICE INCLUDES: Economy class scheduled air travel • Nine nights aboard the MS Hebridean Sky on a full board basis • House wine, beer & soft drinks with lunch and dinner • Overnight hotel accommodation in San Jose with breakfast • Two nights hotel accommodation in Antigua, Guatemala with breakfast • Lunch on day 2 & lunch and dinner on days 11 & 12 • Shore excursions • Noble Caledonia expedition team • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

Pre-cruise Costa Rica Extension

3rd to 8th February 2026

If you would like to discover more of Costa Rica before your cruise, you can join our five night extension which includes the Monteverde Cloud Forest and Arenal.

The Itinerary

Day 1 London to San Jose, Costa Rica.

Fly by scheduled indirect flight. On arrival, transfer to our hotel for an overnight stay. The remainder of the day is at leisure.

Day 2 San Jose to Arenal.

Following breakfast at our hotel, we will first head to the Doka Estate for an insight into one of Costa Rica's prime exports, coffee. We will continue to the Poas Volcano National Park, where after a short walk, we will be treated to spectacular 180 degree views of the volcano's crater and the picturesque surrounding areas. Following lunch in a local restaurant, we will transfer to the Tabacon Hot Springs which are heated by the nearby volcano and set in a tropical paradise. After some time here to relax, we will transfer to Arenal and check in to our hotel for a two night stay. Dinner tonight will be at a local restaurant. (B, L, D)

Day 3 Arenal. After breakfast, we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits. (B, L, D)

Day 4 Arenal to Monteverde. This morning we take the picturesque journey to Monteverde Cloud Forest. On the way we will stop at the El Silencio de Los Angeles private reserve where the rangers will introduce the variety of fauna and flora in this tropical biosphere. After lunch we continue to Monteverde and check into our hotel for a two night stay before dinner in the hotel this evening. (B, L, D)

Day 5 Monteverde. Today we will experience the hanging bridges of the Monteverde Cloud Forest Sky Walk which crosses the canyons below and will bring us face to face with the upper level of the forest canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. There will also be the opportunity to make your way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be at a local restaurant. (B, L, D)

Day 6 Monteverde to Puerto Caldera. After breakfast and a leisurely morning at the hotel we will transfer to the MS Hebridean Sky in Puerto Caldera with lunch en-route and continue with the main cruise itinerary from Day 2. (B, L)

PRICES PER PERSON

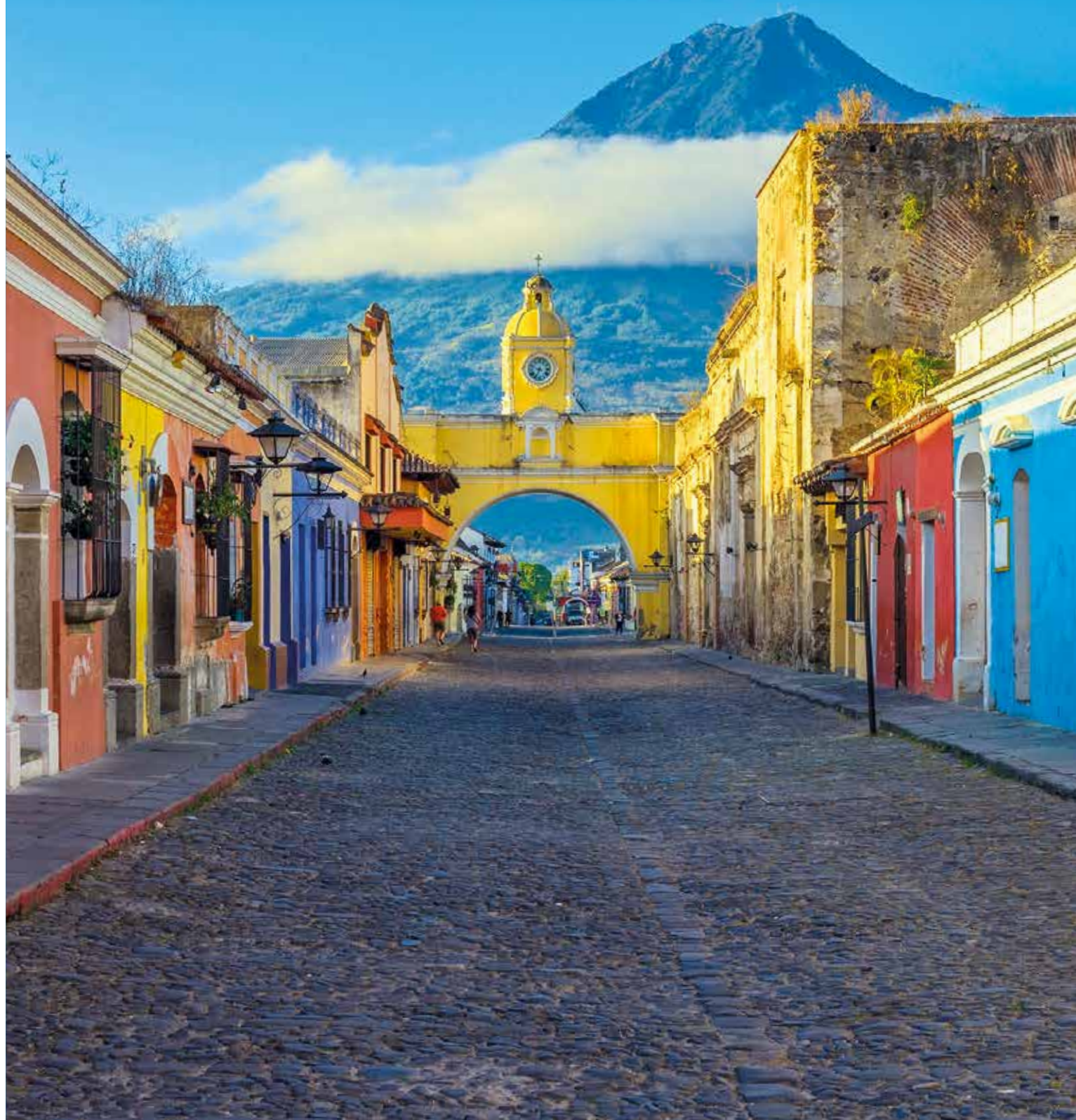
Based on double occupancy

Twin: £2595 Single: £3195

Price Includes: Two nights hotel accommodation in Arenal, two nights hotel accommodation in Monteverde, overnight hotel accommodation in San Jose, meals as indicated (B - Breakfast, L - Lunch, D - Dinner), excursions, English speaking guide, Noble Caledonia Tour Manager, gratuities, transfers.

Not Included: Travel insurance.





CENTRAL AMERICAN ODYSSEY



A voyage from Guatemala to Costa Rica including El Salvador, Nicaragua & Panama
aboard the MS Hebridean Sky

15th February to 4th March 2026

Join us aboard the all-suite MS Hebridean Sky as we explore Central America's Pacific coastline visiting Guatemala, El Salvador, Nicaragua, Costa Rica and Panama. If you have been contemplating a visit to Central America, then this fascinating voyage could offer you the perfect opportunity with its mix of cultural and natural wonders. Our itinerary is made possible by the Panama Canal, an engineering marvel allowing us to pass from the Caribbean Sea to the Pacific Ocean.

During our voyage, the history of the ancient Mayan civilisation, the colonial years and the more recent events of the region will be brought to life by our onboard team and local guides. There is also much of the natural world to occupy us on our journey including our visits to Costa Rica's Palo Verde National Park and Curu National Wildlife Refuge, El Salvador's most important marine ecosystem, the Jiquilisco Bay Biosphere Reserve, and the pristine Bocas del Toro archipelago in Panama. The birdlife of the region is magnificent, and it is home to countless species of endangered birds from tiny hummingbirds to flashy macaws and parrots, toucans and woodpeckers. Add an amazingly rich biodiversity of flora and fauna seen against some of the lushest of landscapes to be found anywhere in the world and you have the recipe for a perfect escape.

Such a varied and comprehensive itinerary would be difficult to comprehend or undertake by any other means than a cruise aboard a vessel like the MS Hebridean Sky with her expert expedition team, fleet of Zodiacs and just over 100 fellow passengers. We will be able to visit some small islands and ports which the larger cruise vessels simply cannot access and skip the arduous, lengthy land travel which such a trip would usually entail and instead relax on board as we deliver you to a new and exciting destination each day.

The Itinerary

Day 1 London to Antigua, Guatemala. Fly by scheduled indirect flight to Guatemala City. On arrival we will transfer to our hotel in Antigua for a two night stay.

Day 2 Antigua. Spend the day in Antigua, a UNESCO World Heritage Site. Built between three magnificent volcanoes in 1542, it is one of the oldest and most beautiful cities in the Americas. Antigua remained an economic and political heart of Central America until a devastating earthquake in 1773 destroyed much of the city. After a morning at leisure, our afternoon tour will explore the city which is a wonder of colonial buildings, beautiful squares, cobblestone streets and Baroque churches. Meet tonight for dinner in the hotel.

Day 3 Antigua to Puerto Quetzal. We will check out in the late morning and make our way to the Pacific Coast. After lunch we will embark the MS Hebridean Sky in Puerto Quetzal and sail this evening.

Days 4 & 5 Acajutla, El Salvador. From the port of Acajutla our full day excursion will discover the Mayan route starting at the archaeological site of Joya de Ceren, a UNESCO World Heritage Site known as the Pompeii of America. The site was covered by the Loma Caldera volcano explosion which kept the remains of pre-Hispanic civilisation covered for hundreds of years and it provides a unique insight into everyday life in a Mesoamerican farming community of the 6th century AD. We continue to the ruins of San Andres, once an important political and religious centre and testimony of the Indigo industry during the colonial period,

better known as the 'Blue Gold'. After lunch in a local restaurant we will continue to Santa Ana and see the beautiful Gothic Cathedral and National Palace before our tour ends at the ruins of Tazumal, the largest pyramid in El Salvador which dates from 1500 BC and is an important Mayan settlement. The following day our morning tour will explore some of the colonial towns and communities on the 'Flower Route' named after the abundance of flowers found along the roadsides and in the villages. We will drive through the beautiful mountains to the town of Nahuizalco, home to one of the most longstanding native communities and arts and crafts production sites in the country. We continue to Ataco, the final stop on the Ruta de las Flores. Ataco is a quaint, colonial village that is known for its natural beauty as well as its brightly painted homes, cobblestone streets, colourful murals and unique arts and crafts. We will return to the MS Hebridean Sky for lunch and a relaxing afternoon at sea.

Day 6 La Union. We have a day to explore the southern region of El Salvador and will offer a choice of excursion options. You may wish to follow the 'peace route' set up to remember the events of the 1980s when El Salvador experienced a bitter civil war. It is estimated that over 100,000 were killed in the fighting whilst half a million people fled into exile. We will visit Perquin, once a stronghold of the guerrillas and home to the Museum of the Revolution where former members of the rebel army are willing to share their experiences. We continue to the village of El Mozote where in December 1981 one of the worst atrocities occurred and more than 1000 people were killed in a single day. Our local guides will explain about living in the country during this time and we will see the monument

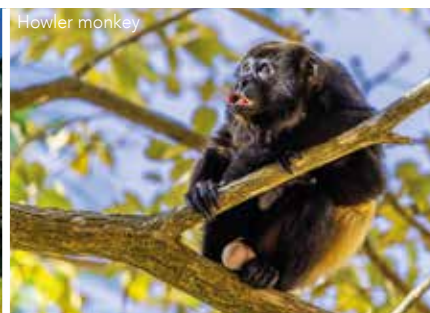




Exploring by Zodiac



Mayan ruins of Tazumal



Howler monkey



Cahuita National Park



Portobelo



Lake Nicaragua

erected for the victims and the memorial garden decorated with brightly coloured murals. Alternatively, visit the Jiquilisco Bay Biosphere Reserve which is El Salvador's most important marine ecosystem with the coastal area being made up of remote islands, mangrove canals and desolate beaches whilst inland we find beautiful forests and cacao plantations. It is an important base for migratory birds as well as a nesting site for four sea turtle species including one of only two sites in the Pacific for the endangered Hawksbill turtle. We explore the different areas of the reserve spending time with the environmentalists and scientists who will teach us about the conservation of the turtles, and we will walk through the forest on the lookout for spider monkeys. We will also visit a cacao plantation where we learn about the cultivation of cacao which creates some of the finest chocolate.

Day 7 Corinto for Leon, Nicaragua. Spend the morning cruising to the port of Corinto which is our base for a visit to Leon, the former capital of Nicaragua. Here we will explore the colonial architecture and the 18th century cathedral which is one of the most prominent buildings in the city with fantastic views from the rooftop. Inside we will see the fresco paintings, statues and the lion that guards the tomb of Ruben Dario, the famous Nicaraguan poet. There will be some free time for those who wish to visit the bustling market.

Day 8 San Juan del Sur for Granada. After an early breakfast we will leave from the friendly fishing village of San Juan del Sur for a full day tour to Granada and Lake Nicaragua. Founded in 1523, Granada is Nicaragua's oldest Spanish city and has retained much of its Spanish character with colonial churches, narrow streets and colourful Spanish style homes. We will enjoy a walking tour including the cathedral and convent of San Francisco where we find around 30 pre-Columbian stone statues dating back to 800 AD sculpted by the inhabitants of Zapatera Island on Lake Nicaragua. After lunch we continue to Lake Nicaragua and enjoy a relaxing boat ride amongst the 365 small islands created by the volcanic activity of the Mombacho Volcano around 20,000 years ago. Whilst some islands are inhabited, most remain unspoiled and are home to exotic plants, howler monkeys and orchids.

Day 9 Palo Verde National Park, Costa Rica. Our first stop in Costa Rica is Playa Flamingo in the Papagayo Gulf. Once a small fishing village it has grown into a popular destination for local Costa Rican tourism. We will use our Zodiacs to land before heading inland to the Palo Verde National Park where we will board local boats to travel along the Tempisque River seeing the mangroves and dry forest vegetation which is home to countless birds and multiple mammals. As we will be visiting in the dry season we hope to see peccaries, armadillos, jaguarondis, coatis, agoutis, deer and monkeys which are attracted to the river. We will enjoy lunch at the 19th century Hacienda House with views of the savannahs and sugar cane fields.

Day 10 Curu National Park & Tortuga Island. We spend the morning exploring the Curu National Wildlife Refuge which boasts a rich and diverse wildlife in five different habitats ranging from marine zones, including a wide beach area, mangrove swamps and tropical forests. Here on a range of walks we will find a number of species of birds, howler and capuchin monkeys, and turtles. Over lunch we sail the short distance to Tortuga Island where we spend the afternoon relaxing on the white sand beaches or swimming in the clear waters.

Day 11 Puerto Jimenez & Golfito. Awake in Puerto Jimenez from where we will visit one of the nearby fincas that specialises in cacao production. The crop has been grown in this region since the Mayans and we will learn about the cultivation of the crops and after walking through the plantation will see how it is transformed into chocolate. Alternatively, join a walk in La Perica Sloth Garden where there will be the opportunity to spot the animals in their natural environment as well as other wildlife including hummingbirds and iguanas. Over lunch we sail across Golfo Dulce to spend the afternoon at one of Costa Rica's most famous National Parks, the Golfito National Wildlife Refuge. Spread out over 2,810 hectares it is home to many species of birds including macaws, parrots and brown pelicans whilst common mammal sightings include white-faced capuchins, spider monkeys, howler monkeys and many species of snakes and butterflies.

Day 12 Chiriqui Gulf Marine Park, Panama. Arrive in Panama and visit the Chiriqui Gulf Marine Park which spreads over 36,000 acres and comprises of 25 islands and numerous coral reefs. Created in 1994, the marine park's aim is to aid the preservation of the region's ecosystems, diverse flora and fauna, scientific conservation projects and protect the islands' endangered inhabitants. We will land on one of the islands where you may choose to take a nature walk learning about the local flora and fauna or find a spot under a palm tree on the beach and take a swim.

Day 13 Panama Canal Transit. After a morning at sea we spend the afternoon and evening transiting the Panama Canal. The first attempt to build the canal was made by a French company but ended in failure in 1889. The American government eventually bought out the French for 40 million dollars, and their attempt to build the canal started in 1904. Through the efforts of over 80,000 workers and the loss of more than 30,000 lives, the greatest single construction project ever undertaken was completed. The project ended in triumph, with the Canal opening in 1914, and it is now a vital artery of international trade, with nearly 14,000 ships travelling through it every year.

Day 14 Colon. Awake on the Caribbean Coast of Panama where, from our berth in Colon, we visit the delightful town of Portobelo which was discovered by Christopher Columbus in 1502. Our tour will provide an insight into the rich history of the area once known as a Paradise for



Pirates. Visit Fort San Geronimo, Fort San Felipe, Customs House and the Black Christ Church (the patron Saint of Portobelo). Alternatively, visit the new locks of the Panama Canal expansion. The expansion was the largest project at the Canal since its original construction and created a new set of locks, doubling the waterway's capacity. At the Agua Clara Visitor Centre we can learn about the history of the canal, the expansion efforts and watch the ships passing through.

Day 15 Bocas del Toro. Today we will explore the Bocas del Toro archipelago, pristine islands which are now part of a national marine park. We spend the day surrounded by astounding beauty with the option to visit the small town of Bocas del Toro with free time to wander amongst the fine old Spanish buildings or maybe visit one of the local beaches for a swim in the clear waters.

Day 16 Puerto Limon, Costa Rica. Returning to Costa Rica we head to the Cahuita National Park. The area is filled with wildlife that includes howler monkeys, white-faced capuchin monkeys, raccoons, sloths, otters, coatis, agoutis, armadillos and porcupines. Several avian species also live in the swamp forest including the green ibis, the green kingfisher, the yellow crowned night-heron, the frigate bird and the boat-billed heron among others. Our naturalist guides will lead us through the trails of the rainforest, sharing their vast knowledge of this fragile ecosystem. Alternatively, take a boat ride through the scenic Tortuguero canals, known as the Costa Rican Amazon as the surrounding rainforest supports a wide range of flora and fauna. Here we can hopefully see waterfowl, monkeys, lizards, sloths and toucans. We return to the ship via a banana plantation where we learn about this staple of the local economy.

Day 17 Puerto Limon to London. Disembark this morning and transfer to San Jose for our scheduled flight to London.

Day 18 London. Arrive this morning.

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£11295	£10795
Byrd	Superior	£11495	£10995
Mawson	Premium	£11795	£11295
Mawson	Corner	£12295	£11795
Scott	Deluxe Balcony	£13495	£12995
Shackleton	Owner's Balcony	£13795	£13295
Shackleton	Hebridean	£14295	£13795
Amundsen	Standard for sole use	£14295	£13795
Byrd	Superior for sole use	£14495	£13995

PRICE INCLUDES: Economy class scheduled air travel • Two nights hotel accommodation in Antigua, Guatemala with breakfast • Lunch on days 2 & 3, dinner on day 2 • 14 nights aboard the MS Hebridean Sky on a full board basis • House wine, beer & soft drinks with lunch and dinner • Noble Caledonia expedition team • Shore excursions • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

Post-cruise Costa Rica Extension

3rd to 9th March 2026

If you would like to discover more of Costa Rica after your cruise, you can join our five night extension which includes the Monteverde Cloud Forest and Arenal.

The Itinerary

Day 1 Puerto Limon to Arenal, Costa Rica.

Disembark this morning and transfer to Arenal enjoying lunch along the way. On arrival check into our hotel for a two night stay. Enjoy dinner at a local restaurant this evening. (B, L, D)



Day 2 Arenal. After breakfast we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits the eruption provided to the region. Following lunch there will be the opportunity to enjoy a treetop cable car ride, and for the more adventurous to participate in a zip-line adventure, providing an exhilarating bird's eye view of the park. (B, L, D)

Day 3 Arenal to Monteverde. This morning we make the picturesque journey to Monteverde Cloud Forest. On the way we will stop at the El Silencio de Los Angeles private reserve where the rangers will introduce the variety of fauna and flora in this tropical biosphere. After lunch we continue to Monteverde and check into our hotel for a two night stay. Meet for dinner in the hotel this evening. (B, L, D)

Day 4 Monteverde. Today we will experience the hanging bridges of the Monteverde Cloud Forest Sky Walk which cross the canyons below and bring us face to face with the upper level of the forest canopy. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. We will also have the opportunity to make our way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be served at a local restaurant. (B, L, D)

Day 5 Monteverde to San Jose. After breakfast we begin our journey to San Jose, making a visit en-route to the Espiritu Santo estate for an insight into one of Costa Rica's prime exports, coffee. Here we will learn about the processes involved in the harvesting and manufacturing of this ubiquitous beverage. Upon arrival into San Jose check in to our hotel for an overnight stay. (B, L, D)

Day 6 San Jose to London. Check out from the hotel after breakfast and transfer to the airport for our scheduled indirect flight to London. (B)

Day 7 London. Arrive today.

PRICES PER PERSON

Based on double occupancy

Twin: £2595 Single: £3195

Price Includes: Two nights hotel accommodation in Arenal, two nights hotel accommodation in Monteverde, overnight hotel accommodation in San Jose, meals as indicated (B – Breakfast, L- Lunch, D - Dinner), excursions, English speaking guide, Noble Caledonia Tour Manager, gratuities, transfers.

Not Included: Travel insurance.



PASSAGE ACROSS THE CARIBBEAN SEA

An island hopping voyage from Costa Rica to Barbados aboard the MS Hebridean Sky

2nd to 15th March 2026

If you have been contemplating a visit to Central America and the Caribbean, then this fascinating voyage from Costa Rica to Barbados could offer the perfect opportunity with its mix of cultural and natural wonders. Each of the destinations we have included in our itinerary has its own culture and this colourful mix of island personalities, varied terrain and

lifestyles makes for a marvellous spring break. By and large we will head for the smaller, less visited islands and having our small ship, the all-suite MS Hebridean Sky, as the base for our cruise makes all the difference.

Our voyage begins in Costa Rica, a small country with a huge array of wildlife including hundreds of brightly coloured species of bird and we will discover the flora and fauna during our visit to the Cahuita National Park or whilst exploring the canals of Tortuguero. We continue to Panama where we have the opportunity to witness the timeless culture of the ancient Kuna tribe on the stepping stone islands of San Blas before we touch the South American mainland with a call at Cartagena, a wonderfully charismatic port with fine restored colonial buildings, and Santa Marta. From Colombia, our itinerary island hops to Barbados by way of Curacao and Bonaire in the Dutch Caribbean and the wonderful Windward island of Grenada. As we sail relatively short distances, we have the benefit of full days on many of the glorious islands allowing for time to join the included, guided excursions combined with the opportunity to explore further independently or perhaps relax on one of the beautiful beaches.



The Itinerary

Day 1 London to San Jose, Costa Rica. Fly by scheduled flight. Arrive and transfer to our hotel for an overnight stay.

Day 2 San Jose to Puerto Limon. After breakfast in the hotel enjoy some free time before we transfer to Puerto Limon, enjoying a local lunch on the way. Embark the MS Hebridean Sky this afternoon and moor overnight.

Day 3 Puerto Limon. From our berth in Puerto Limon we head to the Cahuita National Park. The area is filled with wildlife that includes howler monkeys, white-faced capuchin monkeys, raccoons, sloths, otters, coatis, agoutis, armadillos and porcupines. Several avian species also live in the swamp forest including the green ibis, the green kingfisher, the yellow crowned night heron, the frigate bird and the boat-billed heron among others. Our naturalist guides will lead us through the trails of the rainforest, sharing their vast knowledge of this fragile ecosystem. Alternatively, take a boat ride through the scenic Tortuguero canals, known as the Costa Rican Amazon as the surrounding rainforest supports a wide range of flora and fauna. Here we can hopefully spot waterfowl, monkeys, lizards, sloths and toucans. We will return to the ship via a banana plantation where we learn about this staple of the local economy.

Day 4 Bocas del Toro, Panama. Arriving in Panama we have a day in the Bocas del Toro archipelago, pristine islands which are now part of a national marine park. We spend the day surrounded by astounding beauty and there will be the option to visit the small town of Bocas del Toro and have free time to wander amongst the fine old Spanish buildings or maybe visit one of the local beaches.

Day 5 San Blas Islands. After a morning at sea we arrive in the stunning San Blas archipelago. The archipelago is made up of over 400 islands that line the north coast of Panama with white sandy beaches set in a turquoise sea. The islands are home to the indigenous Kuna Indians who gained self-rule from the government of Panama in the 1920s and maintained their

traditional way of life including the production of colourful fabric art known as 'molas'. We will have time to take a nature walk or perhaps enjoy a swim from the beach.

Day 6 Cartagena, Colombia. Cartagena is one of the most fascinating cities in South America and this morning we will enjoy a walking tour of the colonial walled city which is virtually surrounded by water and steeped in history, with a wealth of 16th and 17th century buildings and churches. Our guides will bring the history of the city to life as we walk its streets and ramparts. We will visit the 16th century Fort of San Felipe, the Monastery of San Pedro Claver, the Plaza de la Aduana and Iglesia de Santo Domingo. Enjoy a leisurely afternoon to explore further.

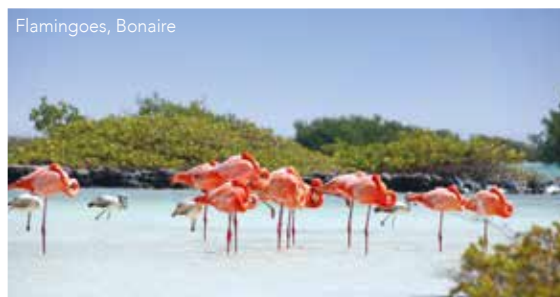
Day 7 Santa Marta. We continue our exploration of Colombia in Santa Marta which is renowned for the eco-diversity and dramatic beauty of the Sierra Nevada Mountains, the highest coastal mountain range in the world, that sweep down to the sea. From our berth we will travel slightly inland to the Tayrona National Park this morning. Covered in large part by virgin tropical forest, the park is home to many varied species of mammals, birds and reptiles. On a walk through this semi-tropical jungle, we will be joined by a local guide who will offer insights into the park's vegetation, animals and ecosystem. Alternatively, explore the town of Santa Marta, see Bolivar Plaza and the bustling streets with their eclectic mix of Spanish Colonial, Republican and contemporary architecture to the 17th century cathedral, Colombia's oldest church. Also visit the small Gold Museum which houses some interesting gold and pottery objects from the indigenous cultures that inhabit the Sierra Nevada Mountains which rise up behind the city.

Day 8 At Sea. Enjoy a relaxing day at sea as we make our way across the Caribbean.

Day 9 Curacao, Dutch Caribbean. Moor this morning at the UNESCO World Heritage Site of Willemstad. The city has a rich history dating back to



Cartagena



Flamingoes, Bonaire



Blue morpho butterfly



Tayrona National Park



Sunbury Plantation House



St George's, Grenada

the 16th century and the island's colonial Dutch heritage sets a genteel tone amid markets, museums and cafes. Enjoy an excursion to explore the historic downtown district including Fort Amsterdam. The afternoon is free to either explore at your own pace or join an island drive which will include The Old Labour House where we learn about the history of slavery on the island, the dramatic Boca Table National Park and the Salt Pans plantation where, if lucky, we may see some flamingos.

Day 10 Bonaire. Spend the day in Bonaire famous for the variety of its corals, fish and clear waters. This morning you may wish to take a scenic island tour to see the saltwater lagoon at Lake Goto, where we may be lucky and see pink flamingos, followed by Mangazina di Rei cultural park which showcases indigenous culture. Alternatively, join a local boat as we make our way to one of the nearby uninhabited islands near Klein Bonaire. Here, there will be the option to swim from the beach or snorkel over the coral reefs. Returning to the MS Hebridean Sky for lunch, the afternoon is free to explore the town of Kralendijk at your own pace from our central berth.

Day 11 At Sea. Today maybe join a lecture or find a spot on deck.

Day 12 Grenada. Explore this wonderful Windward Island which many regard as the most beautiful in the Caribbean. It is a lush and verdant island with spice plantations, rum distilleries, tropical forests, secluded coves, nature trails and select hotels which cling to the hillsides overlooking the ocean. We will moor in the picturesque capital of St George's before heading to Fort George. Built in 1706 with wonderful views over the harbour, it was here in 1983 that the Prime Minister, Maurice Bishop, was assassinated which prompted the invasion by US troops. We will continue to a spice garden where we learn about the herbs that grow here before we end at one of the island's rum distilleries.

Day 13 Barbados to London. Barbados is the most easterly of the Caribbean Islands, with Atlantic surf on the east coast and sparkling Caribbean waters on the west coast. We will disembark this morning and take an island drive including visits to the historic 17th century Sunbury Plantation House and the impressive St John's Church. After lunch there will be some free time before we transfer to the airport for our scheduled flight to London.

Day 14 London. Arrive this morning.

SHIP TO SHORE

Please note that this voyage is not classified as an expedition cruise but will appeal to those who enjoy the natural world. We will be at anchor at San Blas and Bocas del Toro where we will make use of the vessel's Zodiacs to transfer ashore.

Pre-cruise Costa Rica Extension 26th February to 3rd March 2026

If you would like to discover more of Costa Rica before your cruise, you can join our five night extension which includes the Monteverde Cloud Forest and Arenal. Full details are available on request or can be viewed online.



Arenal Volcano

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£8295	£7795
Byrd	Superior	£8495	£7995
Mawson	Premium	£8695	£8195
Mawson	Corner	£8995	£8495
Scott	Deluxe Balcony	£9995	£9495
Shackleton	Owner's Balcony	£10395	£9895
Shackleton	Hebridean	£10795	£10295
Amundsen	Standard for sole use	£9295	£8795
Byrd	Superior for sole use	£9495	£8995

PRICE INCLUDES: Economy class scheduled air travel • 11 nights aboard the MS Hebridean Sky on a full board basis • Overnight hotel accommodation in San Jose with breakfast • House wine, beer & soft drinks with lunch and dinner • Noble Caledonia onboard team • Shore excursions • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

SAILING THROUGH THE LESSER ANTILLES & BEYOND

A voyage from Barbados to French Guiana aboard the MS Hebridean Sky

14th to 26th March 2026



When it comes to pure escapism there are few places in the world more fitting than the Caribbean. Join the all-suite MS Hebridean Sky in Barbados and set sail on our voyage to Cayenne, French Guiana, through beautiful sub-tropical waters enjoying the perfect mix of cultural and natural wonders. Each place we visit has its own culture and this colourful mix of island personalities, varied terrain and fascinating cities makes for a marvellous break.

After island hopping from Barbados to Tobago and on to Trinidad, our unique cruise continues to Guyana, one of the least visited countries in South America which has an intriguing past and is home to a diverse array of wildlife. During our time here we will visit the magnificent Kaieteur Falls by plane, an amazing experience where you can witness the world's largest single-drop waterfall. Continuing to Paramaribo, Suriname's capital and a UNESCO World Heritage Site, we will hear about the history of this former British settlement which was swapped with the Dutch for New York in 1667. The final country we call into is French Guiana where we will see the infamous "Devil's Island", tour the Guiana Space Centre, visit the botanical gardens and spend time in its vibrant capital, Cayenne.

The whole region is imbued with colour and culture with a tremendous mix of natural beauty and historical sites. Such a varied and comprehensive itinerary would be difficult to comprehend or undertake by any other means than a cruise aboard a small ship like the MS Hebridean Sky, in the company of just 100 or so fellow passengers and an expert onboard team. Our voyage offers an easy and comfortable way to explore the region rather than arduous, lengthy land travel. You can relax on board as we sail between beautiful islands and interesting ports of call with days spent witnessing the wonderful flora and fauna, admiring the beautiful scenery and learning about the colonial and often turbulent history of the region, returning each evening to the comfort and excellent service aboard the MS Hebridean Sky.

VOYAGE HIGHLIGHTS

- Discover the diverse flora and fauna of the beautiful island of Trinidad including the scarlet ibis.
- Explore the natural & cultural wonders of Guyana including the incredible Kaieteur Falls.
- Visit the UNESCO World Heritage Site of Paramaribo, the capital of Suriname.
- Explore the Iles de Salut, site of the infamous French penal colonies.
- Tour the Guiana Space Centre from Cayenne, capital of French Guiana.

EXPLORING ASHORE

This voyage will appeal to those who enjoy the natural world and we will be exploring some of the beaten track regions in the Caribbean and South America with limited infrastructure. Many of the excursions include guided walks through the jungle and remote areas in humid conditions, especially in Guyana, Suriname and French Guiana. Our onboard team will endeavour to arrange a selection of walks to include longer and shorter options to cater for different abilities and interests. A range of modes of transport will be used for our excursions including small planes which we will charter for our excursion to the Kaieteur Falls, local boats and minibuses. We also expect to be at anchor in the Iles du Salut where we will make use of the vessel's Zodiacs. To best enjoy this itinerary, we do recommend a good level of mobility and if you would like to discuss the level of fitness required, please contact us.



Caroni Nature Sanctuary



Hummingbird, Trinidad



Paramaribo, Suriname



Kaieteur Falls

The Itinerary

Day 1 London or Manchester to Barbados. Fly by scheduled flight. Arrive and transfer to the MS Hebridean Sky. Enjoy welcome drinks and dinner as we sail this evening.

Day 2 Tobago. After a relaxing morning at sea we arrive in Scarborough, the capital of Tobago and home to about one third of its population. A bustling town, the friendly atmosphere that greets us hides the tumultuous past of a town that has changed hands over 30 times in the past 150 years. We will visit Fort King George, built in 1779 during the many struggles between the French and the English over ownership of the island, before continuing to Plymouth and an eco-tourism estate in Arnos Vale, where we hope to spot some of the local hummingbirds.

Day 3 Trinidad. Due to its location close to the South American mainland, Trinidad has a unique diversity of plant and animal species which we will discover today. From our berth at Port of Spain we will drive inland to the Maracas Valley and Yerette, home of the hummingbird. After an introductory talk we will explore the gardens where we can often find fourteen of the island's eighteen species of hummingbird. Return to the ship for lunch and later this afternoon we head to the Caroni Nature Sanctuary, a mangrove swamp covering an area of 40 square miles. On arrival at the sanctuary, we will board a flat-bottomed boat and slowly travel along the peaceful waterways and lagoons admiring the beauty of the landscape and the variety of birds including the scarlet ibis, a large bright red bird which feeds and nests here and we hope to catch them as they return to their nests at sunset.

Day 4 At Sea. Spend a day at sea as we cruise towards the South American coast.

Days 5 to 7 Georgetown, Guyana. We will spend two and a half days in Guyana, South America's only English speaking country. Georgetown was called Longchamps under the French and Stabroek under the Dutch, so it comes as no surprise that the tree-lined streets are a wonderful mix of colonial styles. During our time here we will enjoy a half day city tour

which will include St Georges Cathedral, St Andrew's Kirk and the Stabroek Market. Once described as a 'bizarre bazaar', the market offers every conceivable item from household goods and gold jewellery to fresh meat and vegetables brought to town on the river daily. We will also fly to the Kaieteur National Park where the mighty Kaieteur Falls plunge 822 feet to the bottom of a rocky gorge. Five times the height of Niagara Falls, an amazing 30,000 gallons of water per second crashes to the depths below and witnessing this spectacle is an amazing experience. There will also be the opportunity to tour the extensive botanical gardens where we may see many of the resident birds including the blood-coloured woodpecker, pearl kite and red-bellied macaws.

Days 8 & 9 Paramaribo, Suriname. Spend a day and a half in the capital of Suriname, Paramaribo, located on the banks of the Suriname River. The city has been declared a UNESCO World Heritage Site and during our guided tour we will see the many historic colonial buildings and tree-lined avenues. This is a city of many colours and cultures and one of the few places in the world where mosques, Hindu temples, synagogues and Christian churches coexist peacefully side by side. Visit the city's leafy park, Palm Garden which was created in 1682 and is home to more than 1000 palms, the waterfront and Fort Zeelandia, originally named Fort Willoughby by the British in 1651. We will also drive to the Commewijne District just outside of Paramaribo, a beautiful agricultural area of creeks, rivers and former plantations. Here we will take nature walks on the lookout for birds, monkeys and lizards before visiting the museum at Nieuw Amsterdam, an 18th century fort built to protect the city where we can also see the resident giant lilies.

Day 10 Iles de Salut, French Guiana. Today we anchor off the Iles de Salut, an archipelago of three small islands and the site of the infamous French penal colonies. One prisoner, Henri Charrière, described the inhumane treatment and his escape in his autobiography "Papillon". The most notorious of all the islands was the Ile du Diable, or "Devil's Island", where political prisoners including Alfred Dreyfus were held captive. Its rocky boundary and rough waters made it so naturally impenetrable

Fort Nieuw Amsterdam, Suriname



that even now it is completely inaccessible to visitors. We will spend the afternoon here and use our Zodiacs to visit Isle St Joseph or Ile Royale where many of the old prison buildings are still standing such as the guard's quarters, prisoner's cells and hospital.

Day 11 Cayenne. Sail this morning into the capital of French Guiana, Cayenne, a melting pot of French, Asian, African and Brazilian cultures. From our berth we will drive to the Guiana Space Centre, also known as "Europe's Spaceport", which occupies a site of 75,000 hectares and employs more than 1,500 people. The location was chosen by the French Government in 1964, due to its proximity to the equator, and the site is still used for launching satellites and rockets for the European Space Agency. A tour of the site will include the control centre and the nearby space museum.

Day 12 Cayenne to London or Manchester. Disembark this morning and drive to Cayenne where we will explore the historic city and the botanical gardens. After lunch we will transfer to the airport for our scheduled indirect flight.

Day 13 London or Manchester. Arrive this morning.

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£8995	£8495
Byrd	Superior	£9295	£8795
Mawson	Premium	£9495	£8995
Mawson	Corner	£9895	£9395
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Byrd	Superior for sole use	£10495	£9995

PRICE INCLUDES: Economy class scheduled air travel • 11 nights aboard the MS Hebridean Sky on a full board basis • House wine, beer & soft drinks with lunch and dinner • Noble Caledonia onboard team • Shore excursions • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

Fort King George, Tobago



Ile Royale, French Guiana





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Cover image: Toucan. Back cover image: Grenada.