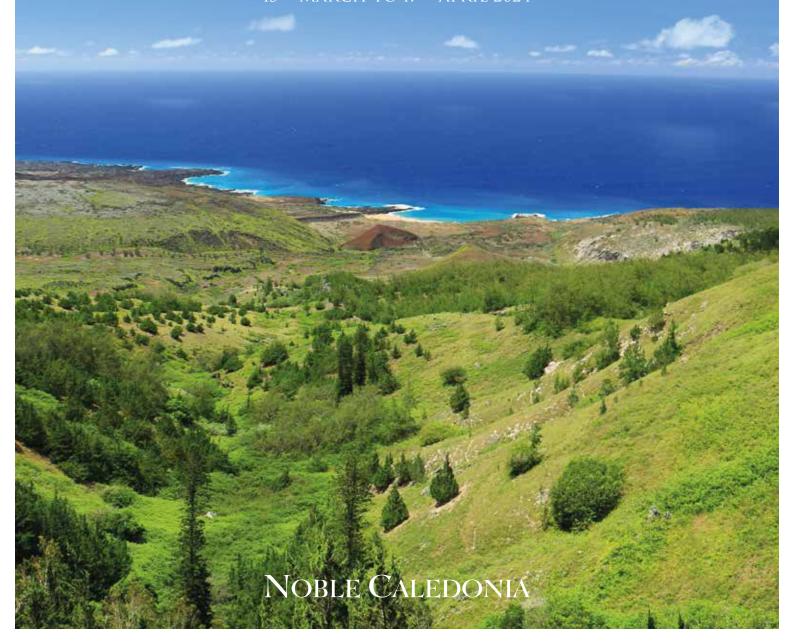


REMOTE ATLANTIC ISLANDS

A UNIQUE EXPEDITION THROUGH THE SOUTH ATLANTIC ISLANDS ABOARD THE MS SEAVENTURE 13th March to 17th April 2024





Here is an epic expedition cruise and marvellous adventure for those who love the sea and long voyages, enjoy travelling off the beaten track and escaping from the world for a few weeks. We have planned the itinerary with our US associates at Polar Latitudes who have provided us with an allocation of cabins aboard the MS Seaventure (formerly known as the MS Bremen) which they have chartered for this voyage which will begin at the world's southernmost city and end some 33 days later in Cape Verde. A voyage of many thousands of miles that will include some of the most remote and fascinating islands in the southern Atlantic. Our natural world encounters will be extraordinary whether your interest lies in birds, marine life or wildlife; as will the botany and cultural life of the islands.

Exploration, trade and colonial ambitions over many centuries have created unique island communities and lifestyles as islands became stepping stones across the South Atlantic Ocean. With just 140 or so fellow travellers you can enjoy the small ship experience and travel slowly with an expert expedition team who also relish the chance to undertake such a unique journey and share their knowledge and enthusiasm with you.

This island odyssey begins with two days in the Falkland Islands where we will discover both the natural and cultural heritage of the islands before continuing to the extraordinary island of South Georgia, one of the world's natural wonders – 'the Alps in mid-ocean',

CAPE VERDE ISLANDS
Sao Tiago

Ascension Island

St Helena

SOUTH
ATLANTIC
OCEAN

Buenos Aires

Tristan da Cunha

South Georgia

offering remarkable concentrations of shoreline wildlife against a dramatic backdrop of glaciers and snow covered mountains. Here also is the last resting place of the great explorer Shackleton.

Our onward passage will take us to what will perhaps be the highlight of the journey for many, the island of Tristan da Cunha, the world's most remote island and home to a hardy population of around 250. Tristan was ignored by early explorers as a possible home due to its rugged landscape and harsh climate. It took an extraordinary breed of people, ready to live on the margins of life, to settle and eventually thrive in the world's most isolated community. We will discover the main settlement on the island, Edinburgh of the Seven Seas, and explore the island on a series of walks. We continue to St Helena which, like Tristan da Cunha has relatively little contact with the outside world. Colonised in the 17th century by the East India Company as an important staging post for their vessels, it is perhaps best known as Napoleon's final home.

We also visit Ascension, situated less than 500 miles from the Equator. We will land on the important military air base island and explore the lowland arid and lunar like landscape. By contrast the highest point, Green Mountain is covered in lush vegetation. Finally, our remote islands adventure ends in Cape Verde, an intriguing archipelago located off the coast of Senegal where we will explore the island of Sao Tiago with its lush green landscape and mountainous scenery, and learn of the island's rich history.

Our days at sea will be punctuated by calls to little visited islands and we will see amazing seabird life, travel with whales, set foot in places where few have trodden before and enjoy good company, some fascinating onboard lectures, marvellous food and one of the most comfortable expedition vessels in the world.







The Itinerary

Please note that flexibility is key to a successful expedition. This voyage will include several days at sea on ocean passages. Landings will be weather dependent and more than one day has been factored in for each remote island group to optimise chances of getting ashore. The exact route and landings will depend on weather and sea conditions and wildlife encountered.

 $\textbf{Day 1 London to Buenos Aires, Argentina.} \ \textbf{Fly by scheduled flight}.$

Day 2 Buenos Aires. Arrive this morning and transfer to our centrally located hotel for an overnight stay. This afternoon and evening are free for independent exploration.

Day 3 Buenos Aires to Ushuaia. After breakfast in the hotel we will transfer to the airport for our scheduled flight to Ushuaia. On arrival in the world's southernmost city we will transfer to the MS Seaventure and sail this evening.

Day 4 At Sea. Enjoy a relaxing day at sea. Wildlife spotting opportunities as we sail across the ocean will include albatrosses, prions and petrels that frequently follow the ship. The expedition team will be out on deck looking for whales and dolphins that may also be seen in the area. During our crossing to the Falkland Islands the onboard experts will begin their presentations with informative and entertaining talks on the wildlife, history and geology of the Falkland Islands and Southern Ocean.

Days 5 & 6 Falkland Islands. The Falkland Islands are isolated, windswept, a haven for wildlife and our base for a couple of days of exploration. Our visit in March should coincide with the end of the breeding season for the many seabirds that make these islands their summer home including Gentoo, Magellanic and rockhopper penguins, and black-browed albatross. We hope to see the flurry of activity associated with fledging seabirds and adults departing the islands before autumn closes in. We will use the Zodiacs to find a suitable location to land for a closer look. We also plan to call at Port Stanley, the charming capital of the Falkland Islands, and discover some of the historic sites there from the museums to the battlefields.

Days 7 & 8 At Sea. As we cruise towards South Georgia the richness of these waters will be evident in the marine mammal life, especially the fur seals on fishing forays. We have a good chance of spotting humpback and fin whales whilst the birds circling our stern will be outstanding, particularly the large albatrosses and numerous breeds of petrels.

Days 9 to 11 South Georgia. We have three days of expedition cruising in and around South Georgia, a paradise island with snow-clad mountain peaks rising 9000 feet and with 165 glaciers tumbling down towards the sea. It is the large colonies of king penguins that make South Georgia's animal kingdom one of our planet's greatest wonders. The king penguins raise their young in the sub-Antarctic summer and our visit will be in the autumn when fluffy brown chicks crowd the shores like a huge kindergarten. We hope to catch the wandering albatross and migrating whales as the wildlife starts to prepare for the upcoming winter. Witness incredible scenes of this unique animal paradise on walks, hikes and Zodiac rides whilst our onboard team of biologists and geologists increase your knowledge of this unique natural experience. Meanwhile in Grytviken we will visit the old whaling station and of course pay our respect at the grave of 'the boss' – Ernest Shackleton.

Days 12 to 16 At Sea. Our lecture programme will continue as will opportunities to watch for wildlife from the deck as we sail towards the most remote inhabited archipelago of islands in the world at Tristan Da Cunha.

Days 17 & 18 Tristan da Cunha. First sighted in the early 16th century and settled in the early 1800s, Tristan da Cunha was frequented by naval ships, whalers and sealers throughout the 19th century. Today it is home to some 250 hardy souls who make their living from the sea. With our two days here there will be plenty of time to spend visiting the main settlement of Edinburgh of the Seven Seas where local guides will tell us about the island's history and culture. Maybe take a hike to the volcano where we learn about the 1961 eruption and the impact on the local population, ending at the Thatched House Museum which preserves a home from that time. Other walks will include the cliffs and the potato patches where we can hear about the islanders' subsistence farming. We also hope to visit Nightingale Island, one of the most unique wildlife strongholds in the world and home to thousands of seabirds.

Days 19 to 22 At Sea. Leaving Tristan da Cunha we continue our journey north towards St Helena. The onboard naturalists will search for wildlife whilst we hope for clear skies to enjoy stargazing in the evenings.

Days 23 to 25 St Helena. Discovered by the Portuguese in 1502 the island of St Helena has been both a Dutch and British possession. In the late 17th century the island became a strategically important port of call in the British Empire and was controlled by the East India Company for over 200 years. However, the island is perhaps best known as Napoleon's last place of exile.











He died here in 1821 after a six year exile and we will visit Longwood House, Napoleon's residence. Explore the tiny capital of Jamestown and see the courthouse, government buildings and library. Those feeling active may want to climb the 699 steps of Jacob's Ladder with views over Jamestown. During a range of walks for all levels, there will be time to explore the surrounding countryside, experience some amazing views and witness the prolific birdlife, including the endemic St Helena wirebird. Keen coffee lovers may want to try the rare 'Green Tipped Bourbon Arabica' grown on the island since 1732 whilst a visit to the most remote distillery in the world will provide the opportunity to taste the local gin, rum and 'Tungi' made from local prickly pears.

Days 26 & 27 At Sea. Enjoy a relaxing couple of days aboard the MS Seaventure as we continue our journey to the next group of remote islands of the Atlantic Ocean.

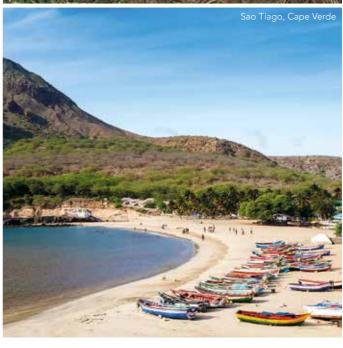
Days 28 & 29 Ascension Island. Named after the day it was discovered and first inhabited in 1815 by a British Garrison, today Ascension Island plays an important role in supplying British forces and scientists based in the South Atlantic. It is also a huge marine reserve to protect the unique ecosystem which is home to huge marlin, green turtles and the endemic frigate bird. We hope to take the opportunity to climb Green Mountain, explore the small capital of Georgetown and, if time and conditions allows, circumnavigate Boatswain Bird Island.

Days 30 to 33 At Sea. During our time at sea we will cross the equator as we continue our voyage north and towards the Cape Verde Islands.

Day 34 Sao Tiago, Cape Verde. Today we explore the historic capital of Praia on the island of Sao Tiago. Praia has a wonderful African feel and we will visit Cidade Velha, the old Portuguese capital with a rich history that was once the centre of the slave trade. See the fort and cathedral that dominate the narrow, cobbled lanes and stone houses. Enjoy a traditional performance of Batuco dance before we continue into the green interior, climbing the steep mountains and enjoying the colours as we make our way to Rui Vaz where we enjoy a lunch of local produce in the shadow of Pico da Antonia. We will see local farms and drive past the only water dam in Cape Verde before returning to the ship and sailing this evening.

Day 35 Sal to London. Disembark this morning and transfer to the airport for our scheduled indirect flight to London.

Day 36 London. Arrive this morning.



PRICES PER PERSON Based on double occupancy

SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Category	Brochure Price	Special Offer Price
3	Porthole Stateroom	£13995	£13495
4 & 5	Window Stateroom	£14295	£13795
6	Veranda Stateroom with Balcony	£15995	£15495
7	Owner's Suite	£18295	£17795
3	Porthole Stateroom for Sole Use	£15495	£14995
4 & 5	Window Stateroom for Sole Use	£15795	£15295

PRICE INCLUDES: Economy class scheduled air travel • Overnight hotel accommodation in Buenos Aires with breakfast • 32 nights aboard the MS Seaventure on a full board basis • House wine, beer & soft drinks with lunch and dinner • Shore excursions • Expedition team • Gratuities • Transfers • Use of waterproof boots on board • Port taxes • Airport taxes.

Not Included: Travel insurance.

MS SEAVENTURE









We are delighted to be working with the four-star vessel the MS Seaventure (formerly known as MS Bremen), an expedition ship of a special kind. The vessel accommodates a maximum of 149 passengers and we are working with our associates, Polar Latitudes who have provided us with an allocation of cabins for this extraordinary expedition. There will be a qualified expedition team of naturalists on board who travel ashore with you and also provide informative talks in the comfort of the well-designed Panorama Lounge. There is also a crew of 90 offering exquisite onboard service.

Your Cabin/Suite

The MS Seadventure's staterooms offer between 17.5 and 20.8 square metres and the spacious suites measure 30.8 square metres. Staterooms on Deck 3 have portholes and all other staterooms have a panoramic window. The staterooms and suites on Decks 6 and 7 have the additional benefit of private balconies. The passenger accommodation is arranged over five decks and each stateroom/suite affords considerable comfort with individual climate control, seating area with chairs or a sofa and table, dressing table with hairdryer, spacious wardrobe, safe, complimentary mini bar, telephone, television and DVD player. Beds can be configured as twin or double with the exception of the Owner's Suites which have a fixed double bed and the Veranda Staterooms 615-618 which have a fixed twin bed configuration. All staterooms have an en-suite bathroom with shower and the suites have a bathtub with overhead shower. Luxury toiletries and bathrobes are also provided for your convenience.

Your Space

Facilities on board include a single seating restaurant, club lounge with bar, lounge with panoramic floor-to-ceiling windows, Sun Deck with heated seawater swimming pool, fitness room, sauna and a small medical centre. For those keen to discover more about the areas being visited there is also a dedicated laboratory for Citizen Science in addition to a well-stocked library with several computers and internet access. Wi-Fi connection is available in all staterooms/suites and public areas with 200 MB of complimentary access per guest. Laundry and ironing services are available and there are two lifts that serve all passenger decks. Guests will have the opportunity to visit the bridge whenever the local regulations allow by prior arrangement with the officer on duty. Bridge officers will be happy to provide you with information regarding the course, position of the ship and other nautical questions.







Your Dining

Highly trained chefs will surprise you every day with their skill and attention to detail. Diverse and classic dishes will be available for every meal, whether you are enjoying a quick breakfast in the outdoor café, weather permitting, or a relaxed evening meal in the elegant restaurant. Breakfast is served buffet-style with cooked dishes available to order, lunch is a choice between a buffet and à la carte menu and dinner is served from a four course à la carte menu. A choice of red or white wine, beer and soft drinks is included at lunch and dinner and there is a complimentary 24-hour tea and coffee station available in the lounge. For your enjoyment, there will also be special events throughout your cruise such as barbecues on deck or evenings with a special theme.

Your Life On Board

The atmosphere on board is warm and welcoming and the emphasis is on well-thought out itineraries, relaxation and time spent with like-minded passengers and discovery. Highly qualified, knowledgeable experts will accompany you throughout the cruise; discovering unknown territory and seeing amazing wildlife will be a lot more rewarding with an expert by your side. You can join members of the onboard team for insightful talks and presentations and whilst relaxing on board can unwind in the library, saltwater pool, sauna or find a quiet place to enjoy a beverage alone or with new found friends. Watch your adventure unfold from the lounge which features panoramic windows, or head outside to one of the deck spaces to soak up the glorious landscape from every angle, take uninterrupted photos and spot for wildlife with members of the expedition team.

For your Comfort, Safety & Security

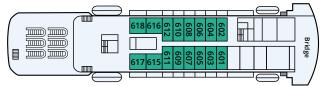
When the MS Seaventure was built, the focus was on making her suitable for all ice conditions. She has a reinforced hull across her entire length so as to withstand pack ice. The vessel has a shallow draught and exceptionally high manoeuvrability making it possible to access remote islands. Furthermore the MS Seaventure is equipped with extremely powerful engines as well as robust propellers and steering gear and due to her constructional design she features a 1A Super ice-class rating. The vessel also carries a fleet of 12 Zodiac landing craft which will be used regularly during the expedition.

MS SEAVENTURE DECK PLAN

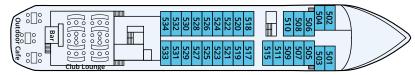
Deck 7 - Owner's Suites



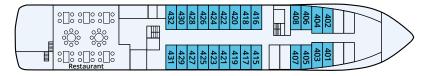
Deck 6 - Veranda Staterooms



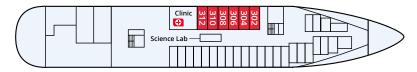
Deck 5 - Window Staterooms



Deck 4 - Window Staterooms



Deck 3 – Porthole Staterooms



Please note: All cabins have beds that can be configured as twin or double with the exception of the Owner's Suites which have a fixed double bed and the Veranda Staterooms 615-618 which have a fixed twin bed configuration.



During this voyage you will be visiting out of the way destinations and will be accompanied by an expedition team. Landings and excursions will be made by Zodiac landing craft. This cruise will appeal to the more adventurous and those who enjoy the natural world.





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