

INTRODUCING THE MAGNIFICENT SEA CLOUD SPIRIT – AN EXCLUSIVE NOBLE CALEDONIA CHARTER

NATURAL WONDERS OF COSTA RICA & PANAMA

DISCOVER THE WONDERS OF PANAMA & COSTA RICA INCLUDING A TRANSIT
THROUGH THE PANAMA CANAL ABOARD SEA CLOUD SPIRIT

14TH TO 27TH JANUARY 2021 & 25TH JANUARY TO 7TH FEBRUARY* 2021



NOBLE CALEDONIA





INTRODUCING SEA CLOUD SPIRIT

Many of our regular travellers will be familiar with the magnificent sailing ship Sea Cloud II which we charter each year. We are now delighted to have confirmed some exclusive charters of her new sister vessel, Sea Cloud Spirit, which is due to be launched in 2020. To build a fully rigged three-master in the 21st century might seem a little unusual but Sea Cloud Cruises are committed to their true passion for sailing. It is indeed gratifying to know that in this age when new cruise ships of ever increasing gigantism roll out of the yards and where the sole object of the owners is to increase size and maximise revenue, that a few owners with vision and style still exist.

The creation of something as beautiful as Sea Cloud Spirit is a great credit to her owners. The challenge was to preserve the romance of a windjammer, whilst adding extras to emphasise the high degree of comfort and exclusivity and to take advantage of some of the great technological strides made in recent times. However, a prime objective was not to lose that all important romance of sail and end up with sails which are controlled by computers. Besides a sail area of 44,100 square feet which is set by hand, she is equipped with two economic diesel-electric drives that reliably keep her on course even during calms.

Our association with Sea Cloud Cruises dates back almost thirty years and during this time they have proven to be a company of the most exacting standards. Not only do they operate the most exquisite vessels, they do so in a fitting style offering the very best of intelligent service and superb cuisine. Whilst there are many large sailing ships offering passages around the world there are few, if any, that can compare in terms of luxury to the three Sea Cloud vessels.

Standing on the dock and looking up at the vessels you cannot help but be impressed by their sheer majesty. Walk up the gangway and on to the deck and it is even more impressive. And, the splendour does not end here; below deck is a sumptuous world of traditional maritime influences with 21st century luxuries. Well-appointed cabins and public areas create a restful atmosphere totally in keeping with the overall grandeur of the vessels. Even the most jaded of travellers cannot help but be enthralled by the experience and indeed many past travellers return time and time again. Such experienced old hands often prefer the itineraries that offer some days at sea allowing for the opportunity to spend time under sail.

The new Sea Cloud Spirit combines a romantic windjammer atmosphere and the most modern comforts. With her clear, classic outline, she follows the role model of her two elegant windjammer sisters. New in this concept are the generous number of cabins with balconies, the extensive sun deck with sunbeds, a gym with panoramic views, the exclusive spa and wellness area as well as the option to choose between an elegant menu in the restaurant and a relaxed dinner in the bistro on the lido deck in the evenings.



Lounge



Restaurant



Library

Your Space

Public areas include an elegant lounge with a Steinway grand piano, library with comfortable seating area and large panoramic windows, lido bar and bistro. The single sitting dining room offers 180° panoramic views and the quality of the cuisine and service will be to the highest of standards, as one would expect on a cruise aboard a Sea Cloud vessel. Relax on the Sun Deck which features comfortable sun loungers, circular sunbeds and a shower and experience the natural grandeur of travelling under sail. There is also a boutique, small hospital, wellness and spa area with two treatment rooms, Finnish sauna, steam bath, relaxation room, multi-sensory shower, beauty parlour and hairdressing salon on board. In addition there is a swim platform and some water sports equipment, four Zodiacs and a lift which services all decks on board.

Your Dining

The cuisine on board will be of an exceptionally high standard. Enjoy international dishes complemented by local specialities. Breakfast is buffet style and will include a sumptuous array of hot and cold items with the option to order freshly cooked eggs at the egg station. Lunches are both buffet style and served and may offer extensive barbecue options, locally caught fish and freshly picked tropical fruits. Dinner is served à la carte and is a four course affair with a vegetarian option always available. In addition to the à la carte options offered in the restaurant, you can choose a more relaxed dinner in the bistro on the Lido Deck in the evenings. All cruises aboard the Sea Cloud Spirit are full board with carefully selected wines and beers served to complement your lunch and dinner. All soft drinks, coffee and tea whilst on board are also included.



Junior Suite



Owner's Suite



Lido Deck

Your Cabin/Suite

Sea Cloud Spirit offers five categories of accommodation all of which feature bathrobes, hairdryer, exclusive cosmetics, telephone, adjustable air-conditioning, private safe, minibar and television. The finest, carefully chosen fabrics, combined with leather, rattan and other materials, brass and gold, precious woods and marble together create an impressive ensemble.

Category A – Owner's Suite with balcony (numbers 316-318)

Exclusive design has been applied to create a lavish interior for the spacious owner's suites on the Panorama Deck. The generous sitting area with a comfortable couch and wide panoramic windows as well as the private balcony of approx. 8 m² not only offer grand views but also a luxurious private retreat. Each of the suites (approx. 36 to 39 m²) is equipped with two single beds (of 95 cm x 200 cm each), which can be placed separately or as a large double bed, a walk-in closet, dressing table and bureau. The spacious bathroom features sink and bathtub; the WC is separate.

Category B – Junior Suite with balcony (numbers 306-311, 314 & 315, 320-333)

The junior suites (approx. 26 to 30 m²) are located on the Panorama Deck and offer a private balcony of approx. 6 m² with a grand ocean view. The spacious interior includes a sitting corner with a couch and a table, two single beds (of 90 cm x 200 cm each), which can be placed separately or as a double bed, a walk-in closet, dressing table and bureau. The panoramic windows let the room appear even larger. The spacious bathroom is equipped with a sink, WC and bathtub.

Category C – Deluxe Lido Cabin (numbers 401-406, 408)

These cabins (approx. 16.5 to 20 m²) are equipped with two single beds (of 90 cm x 200 cm each), placed together to form a double bed, a comfortable sitting corner with a chair and a table as well as a dressing table, wardrobe and bureau. The bathroom is equipped with a sink, shower and WC. These cabins are located on the Lido Deck and have panoramic windows that can be opened and offer a grand view.

Category D – Deluxe Cabin (numbers 212, 214, 215, 217, 220, 222, 224-243)

These cabins (approx. 20 m²) are equipped with a double bed (two single beds of 90 cm x 200 cm each), a small comfortable sitting corner with a chair or couch and a table as well as a dressing table, bureau and wardrobe. The spacious bathroom is equipped with a sink, shower and WC. These cabins have portholes and are located on the Cabin Deck. *Please note that cabins 235/237 and 239/241 have connecting doors.*

Category E – Superior Cabin (numbers 206-211, 216, 218, 223)

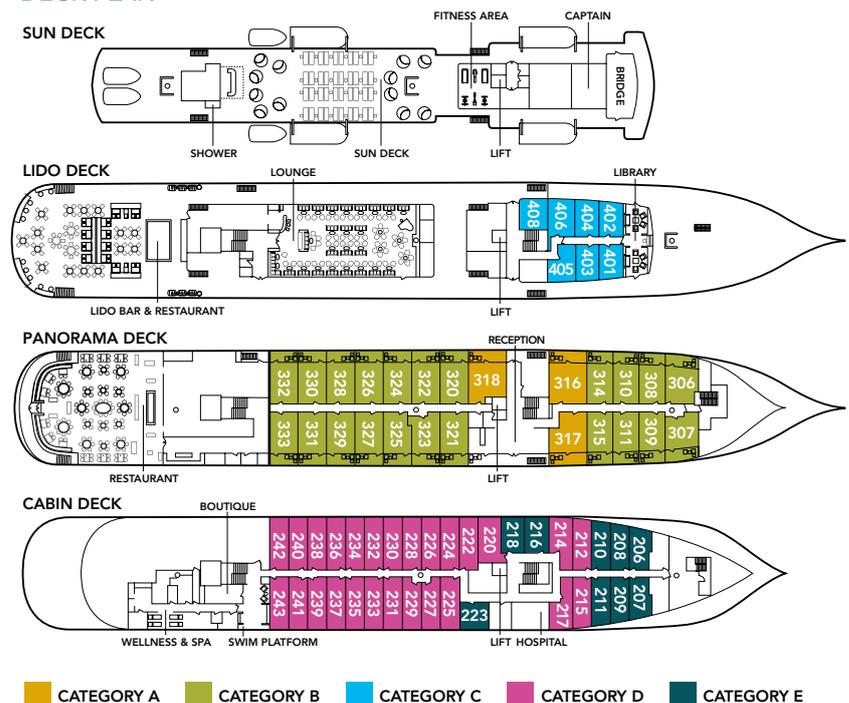
These cabins (approx. 16.5 to 19 m²) are equipped with a double bed (two single beds of 90 cm x 200 cm each), a small comfortable sitting corner with a chair or couch and a table as well as a dressing table, wardrobe and bureau. The spacious bathroom is equipped with a sink, shower and WC. These cabins have portholes and are located on the Cabin Deck.

Sea Cloud Spirit Statistics



- Length overall: 138 m / 452.7 ft
- Beam: 17.20 m / 56.4 ft
- Draft: 5.65 m / 18.5 ft
- Height of main mast above deck: 57.70 m / 189.30 ft
- Total sail area: approx. 4,097 m² / 44,100 ft²
- Number of sails: 27
- Passengers: max. 136
- Crew: approx. 85
- Number of decks: 4
- Flag: Malta
- Drive: Sails and diesel-electric hybrid engine (2 x 1,700 kW)

DECK PLAN



Please note that Sea Cloud Spirit is under construction so all the images are computer animated representations. The ship's architects have provided an impression of the colour and material combinations as realistic as possible for the illustrations.

Let us take you to some of the loveliest and least developed places in Panama and Costa Rica whilst also including one of the greatest man made wonders of the world – the Panama Canal. An engineering marvel when it opened, the 50 mile passage still continues to astonish even the most veteran traveller.

When most people think of Panama and Costa Rica, they think of overland travel but not the hours which are usually spent traversing rugged roads in order to get around. There is an easier and more comfortable way to explore the region and that is under sail. Skip the arduous, lengthy land travel and relax instead aboard the magnificent Sea Cloud Spirit.

Sailing from the Caribbean Sea through the Panama Canal to the Pacific Ocean, our cruise will take us along the coasts and to the islands of Panama and Costa Rica, areas of outstanding natural beauty and home to countless species of endangered birds from tiny hummingbirds to flashy macaws and parrots, toucans and woodpeckers. Add an amazingly rich biodiversity of flora and fauna seen against some of the lushest of landscapes to be found anywhere in the world and you have the recipe for a perfect winter escape.

However, what makes this trip stand out from any other is the opportunity to sail the shores of these remarkable countries under sail. To be in this beautiful part of the world is a reward in itself, but to be aboard such a marvellous vessel makes it perfect. To witness the New World as seen by the first explorers and later colonisers is a privilege and the sights, sounds and sheer energy of the crew as they man the sails will make for long lasting memories.

During these voyages we will venture into national parks and conservation areas teeming with wildlife and visit remote communities where locals live following ancient ways of life. There will also be opportunities to enjoy swimming and nature walks. A flexible itinerary and knowledgeable onboard team will enable us to make the most of each day, whether we are landing on remote beaches by Zodiac, watching out for wildlife or learning more of the history and culture of the places we are visiting. We will explore ashore in small groups and enjoy a convivial atmosphere onboard. As always with a cruise aboard a Sea Cloud vessel we have included plenty of time at sea. After all, travelling under sail is an important aspect of this unusual trip. If you have been contemplating a visit to Central America, then this unique journey aboard Sea Cloud Spirit is the perfect opportunity.



The Itinerary

Day 1 London to Panama City, Panama. Fly by scheduled flight. On arrival transfer to our hotel for an overnight stay.

Day 2 Portobelo & Colon. After breakfast we will leave our hotel and drive to the Caribbean coast and the delightful town of Portobelo which was discovered by Christopher Columbus in 1502. Our tour will give us an insight into the rich history of the area once known as the Paradise for Pirates. Visit Fort San Geronimo, Fort San Felipe, Customs House and the Black Christ Church (the patron Saint of Portobelo) before making our way to the new locks of the Panama Canal expansion. The expansion was the largest project at the Canal since its original construction and created a new set of locks, doubling the waterway's capacity. In the late afternoon we will transfer to Sea Cloud Spirit moored in Colon and sail this evening.

Day 3 San Blas Islands. Spend the morning at the stunning San Blas archipelago. The archipelago is made up of over 400 islands which line the north coast of Panama with white sandy beaches set in a turquoise sea. The islands are home to the indigenous Kuna Indians who gained self-rule from the government of Panama in the 1920s and maintain their traditional way of life including the production of colourful fabric art known as 'molas'. We will have time to take a nature walk or maybe enjoy a swim from the beach. After lunch on board we spend a relaxing afternoon at sea.

Day 4 Panama Canal Transit. An undisputed destination on the travel bucket list has to be the Panama Canal. The first attempt to build the canal was made by a French company but ended in failure in 1889. The American government eventually bought out the French for 40 million dollars, and their attempt to build the Canal started

in 1904. Through the efforts of over 80,000 workers and the loss of more than 30,000 lives, the greatest single construction project ever undertaken was completed. The project ended in triumph, with the Canal opening in 1914, and it is now a vital artery of international trade, with nearly 14,000 ships travelling through it every year. The canal is around 50 miles long and takes between eight to ten hours to cross.

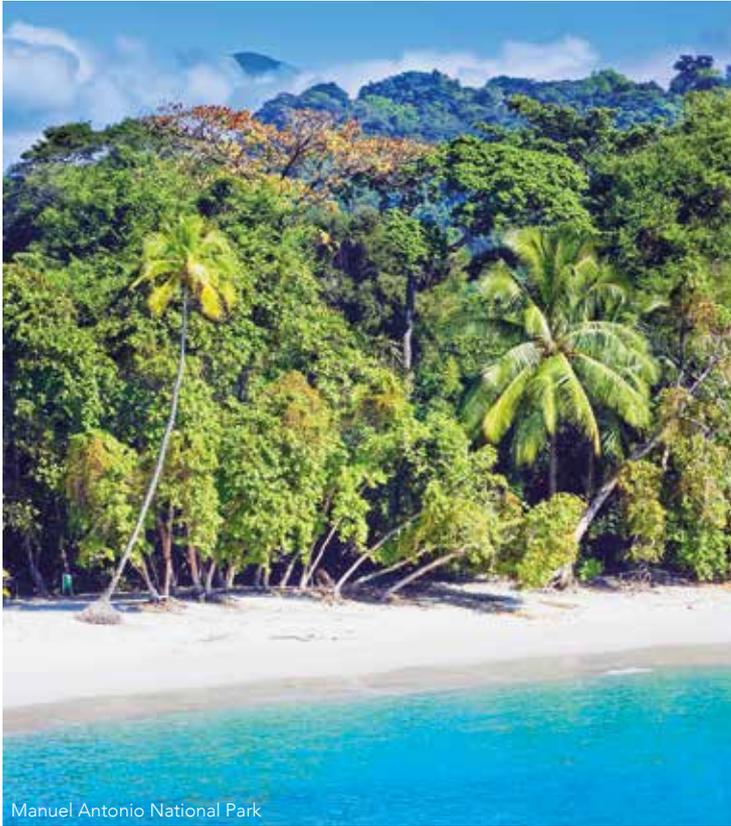
Day 5 Panama City. Panama City is a combination of the historic old town, declared a UNESCO Historical Site, and the ultra-modern new town. Following breakfast at our hotel, we head out to stroll along the cobblestone streets of the Casco Viejo visiting the colonial mansions and 17th century churches and convents before continuing to Panama Viejo and the original ruins of the city founded in 1517 which was burnt to the ground by British pirate Henry Morgan. This afternoon is free to relax on

board or visit the Miraflores Locks Visitor Centre where a number of exhibitions tell us about the history of the canal and its construction and where we can watch the ships as they pass through.

Day 6 Archipelago Las Perlas. Spend the afternoon exploring this archipelago of islands named after the large pearls found in the waters. Native Indians inhabited these islands until the 16th century when the Spanish discovered the pearls and Isla Contadora became a centre for their transit to Spain. With over 200 islands, the majority of which are uninhabited, we will find a spot to relax on the beach or swim in the clear waters with schools of tropical fish.

Day 7 At Sea. Today we hope to experience a day under sail aboard Sea Cloud Spirit.

Day 8 Chiriqui Gulf Marine Park. Our last afternoon in Panama will be



Manuel Antonio National Park



Sloth



Red macaws

spent in the Chiriqui Gulf Marine Park which spreads over 36,000 acres and comprises of 25 islands and numerous coral reefs. Created in 1994, the Marine Park's aim is to aid the preservation of the region's ecosystems, diverse flora and fauna, scientific conservation projects and protect the islands' endangered inhabitants. Arriving over lunch we will land on one of the islands where you may choose to take a nature walk to mangroves learning about the local flora and fauna or find a spot under a palm tree on the beach and take a swim.

Day 9 Golfo Dulce, Costa Rica.

Over breakfast we will clear immigration formalities at Golfito as we arrive into Costa Rica. Spend the morning at Casa Orquideas (Orchid House), a five hectare private botanical garden cut out of the rainforest by Ron and Trudy MacAllister who now cultivate over 100 species of orchids which attract many different bird species. Plants of the tropics burst with colour and the air here is heady with the fragrance of flowers and humid soil. Due to the open space, it is often easy to spot a number of tropical birds here including toucans. Spend the afternoon relaxing on board.

Day 10 Corcovado National Park. Resting on the northern side of the Osa Peninsula, Drake Bay (Bahía Drake) is our gateway to

the Corcovado National Park. We will land on one of the beaches before enjoying a walk through the primary and secondary forest with our naturalist guides locating and explaining the extensive rainforest wildlife and flora. The rich biological diversity of the biological corridor of Corcovado National Park is astounding, and sightings may include as many as four types of monkeys, as well as coatis, sloths, anteaters and much more. Bird lovers will be enchanted by a wide variety of birds including tanagers, flycatchers, crested guans and spectacular scarlet macaws and toucans.

Day 11 Manuel Antonio National Park.

From our berth in Quepos we travel to the Manuel Antonio National Park which is one of the most stunning and bio-diverse areas of the world. Spread out over 683 hectares it is filled with diverse wildlife, has both primary and secondary forests, boasts a stunning shoreline ideal for bird watching or swimming and is home to a number of endemic species of plants and animals. We will make an early start this morning to get the best viewing of monkeys, vividly coloured birds and the lethargic three-toed sloth.

Day 12 Curu National Park and Isla Tortuga. Spend the morning exploring the Curu National Wildlife refuge. This small reserve

boasts a rich and diverse wildlife in five different habitats ranging from marine zones, including a 200 metre wide beach area, mangrove swamps and tropical forests. Here on a range of walks we will find over 200 species of birds, howler and capuchin monkeys, mammals such as otters, ocelots and pumas and turtles. Over lunch we sail the short distance to Tortuga Island where we have the chance to snorkel over the volcanic reef which is home to angelfish, morays and needlefish.

Day 13 Puntarenas to London. After breakfast disembark Sea

Cloud Spirit and transfer to San Jose for our scheduled flight to London

Day 14 London. Arrive this morning.

25th January 2021 Departure.

**Please note that the 25th January departure operates in the reverse direction to that shown, from Costa Rica to Panama. The full itinerary can be viewed online at www.noble-caledonia.co.uk*

PRICES PER PERSON

Based on double occupancy

SPECIAL OFFER – SAVE £200 PER PERSON FOR A LIMITED TIME ONLY

Cat	Cabin Description	Deck	Brochure Price	Special Offer Price
E	Superior Cabin	Cabin	£9495	£9295
D	Deluxe double	Cabin	£9895	£9695
C	Deluxe Lido Cabin	Lido	£10295	£10095
B	Junior Suite with Balcony	Panorama	£11295	£11095
A	Owner's Suite with Balcony	Panorama	£12995	£12795
E	Superior Cabin for sole use	Cabin	£11495	£11295
D	Deluxe Cabin for sole use	Cabin	£11895	£11695

PRICE INCLUDES: Economy class scheduled air travel • Overnight hotel accommodation in Panama City with breakfast (overnight in San Jose for 25th January voyage) • 11 nights aboard Sea Cloud Spirit on a full board basis • House wine, beer & soft drinks with lunch and dinner • Noble Caledonia Tour Manager • Guest Speaker • Shore excursions • Gratuities • Transfers • Port taxes.

Not Included: Travel insurance.

Cruise Extensions

We are offering an extension to El Salvador & Honduras along with one to Costa Rica (see overleaf) in-conjunction with these voyages aboard Sea Cloud Spirit.



Pre-cruise El Salvador & Honduras Extension 9th to 15th January 2021 in-conjunction with 14th January voyage

Copan



The Itinerary

Day 1 London to San Salvador City, El Salvador. Fly by scheduled indirect flight. Upon arrival this evening transfer to the Hotel Sheraton Presidente or similar for a two night stay.

Day 2 San Salvador City. After a morning at leisure and lunch in a local restaurant, we will enjoy an afternoon city tour. Return to the hotel this evening for dinner.

Day 3 San Salvador to Copan, Honduras. After breakfast at the hotel we will drive to the UNESCO World Heritage Site of Joya de Cerén, often referred to as the Pompeii of the Americas. This small Maya settlement was buried under volcanic ash when the Laguna Caldera Volcano erupted in AD 595. From here we continue on to San Andrés where in 1977 a step pyramid and a large courtyard with a subterranean section were unearthed. Experts believe that it was inhabited by up to 12,000 Maya between AD 600 and AD 900. After lunch in a local restaurant we will spend some time in the city of Santa Ana, including a visit of the theatre, before making our way to Copan for our two night stay at the Hotel Marina (or similar). Dinner tonight will be served in the hotel restaurant.

Day 4 Copan. After breakfast we will make the short journey to the archaeological site of Copan. Copan is unique among Mayan ruins because its structures are built with volcanic stone rather than limestone. Since the former is more weather resistant over time, Copan still has many of its original artistic carvings while other Mayan cities do not. Spend a morning in this fascinating park before returning to the hotel for lunch. This afternoon is at leisure to relax in the hotel or explore Copan, a beautiful place paved with cobblestones and lined with white adobe buildings with red-tiled roofs. Dinner tonight will be served in the hotel restaurant.

Day 5 Route of the Flowers, El Salvador. Depart from the hotel after breakfast and visit the Mayan ruins of Tazumal, considered the most important and well preserved in El Salvador. We will then make our way slowly along the Ruta de las Flores (Route of the Flowers), a beautiful, colourful and cultural journey that will take us through small colonial towns in the most mountainous region of El Salvador and aptly named for the abundance of flowers to be seen along the way. Before lunch, we will have time to visit Concepcion de Ataco, a bright and historically significant city of the region, following which we will transfer to the Hotel Mision de Angeles for our overnight stay. Dinner tonight will be in the hotel restaurant.

Day 6 Cerro Verde National Park. Cerro Verde National Park is a must see on a visit to El Salvador. Nestled between three volcanoes this park features a lush forest teeming with flowers, flora and fauna as well as some of the most stunning views in the country. Cerro Verde is an inactive volcano located at an altitude of 2035 metres and boasts 500 hectares of nature, it has a cloud forest in and around the crater with a temperature of between 12 and 18 degrees centigrade. Enjoy a tour of the area and from here you will enjoy panoramic views of Izalco Volcano better known as the "Lighthouse of the Pacific" because the boats were oriented with the red glow of the lava to reach the Acajutla port and the Santa Ana Volcano, the largest of the three volcanoes. Transfer to San Salvador for lunch in a local restaurant and then check in to the Hotel Sheraton Presidente or similar for an overnight stay. Remainder of the day is at leisure before dinner tonight in the hotel.

Day 7 San Salvador to Panama City to Colon, Panama. After breakfast check out of our hotel and transfer to San Salvador airport for our scheduled flight to Panama City and onward transfer to Sea Cloud Spirit. Continue as per day 2 of the main itinerary.

PRICES PER PERSON

Based on double occupancy

Twin: **£2795** Single: **£3245**

PRICE INCLUDES: Three nights hotel accommodation in San Salvador • Two nights hotel accommodation in Copan • Overnight hotel accommodation in Concepcion de Ataco • Scheduled flight between San Salvador & Panama City • All meals (except dinner on day 1 & lunch on day 7) • Excursions as described • Tour Manager • Gratuities • Transfers. **Not Included:** Travel insurance, dinner on day 1 & lunch on day 7, visas.

NB. Itinerary subject to change. Minimum numbers apply.

Cerro Verde National Park



Post Cruise El Salvador & Honduras Extension 6th to 13th February 2021 in-conjunction with 25th January voyage

Tazumal



The Itinerary

Day 1 Colon, Panama to San Salvador City, El Salvador. Disembark Sea Cloud Spirit this morning and transfer to Panama City for our scheduled flight to San Salvador. Upon arrival transfer to the Hotel Sheraton Presidente or similar for a two night stay. Meet for dinner this evening.

Day 2 San Salvador City. After a morning at leisure and lunch in a local restaurant, enjoy an afternoon city tour. Return to the hotel this evening for dinner.

Day 3 San Salvador to Copan, Honduras. After breakfast at the hotel we will drive to the UNESCO World Heritage Site of Joya de Cerén, often referred to as the Pompeii of the Americas. This small Maya settlement was buried under volcanic ash when the Laguna Caldera Volcano erupted in AD 595. From here we continue on to San Andrés where in 1977 a step pyramid and a large courtyard with a subterranean section were unearthed. Experts believe that it was inhabited by up to 12,000 Maya between AD 600 and AD 900. After lunch in a local restaurant we will spend some time in the city of Santa Ana, including a visit of the theatre, before making our way to Copan for our two night stay at the Hotel Marina (or similar). Dinner tonight will be served in the hotel restaurant.

Day 4 Copan. After breakfast we will make the short journey to the archaeological site of Copan. Copan is unique among Mayan ruins because its structures are built with volcanic stone rather than limestone. Since the former is more weather resistant over time, Copan still has many of its original artistic carvings while other Mayan cities do not. Spend a morning in this fascinating park before returning to the hotel for lunch. This afternoon is at leisure to relax in the hotel or explore Copan, a beautiful place paved with cobblestones and lined with white adobe buildings with red-tiled roofs. Dinner tonight will be served in the hotel restaurant.

Day 5 Route of the Flowers, El Salvador. Depart from the hotel after breakfast and visit the Mayan ruins of Tazumal, considered the most important and well preserved in El Salvador. We will then make our way slowly along the Ruta de las Flores (Route of the Flowers), a beautiful, colourful and cultural journey that will take us through small colonial towns in the most mountainous region of El Salvador and aptly named for the abundance of flowers to be seen along the way. Before lunch, we will have time to visit Concepcion de Ataco, a bright and historically significant city of the region, following which we will transfer to the Hotel Mision de Angeles for our overnight stay. Dinner tonight will be in the hotel restaurant.

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Day 7 San Salvador to London. Check out of our hotel and transfer to San Salvador airport for our scheduled indirect flight to London.

Day 8 London. Arrive this morning.

PRICES PER PERSON

Based on double occupancy

Twin: **£2795**

Single: **£3245**

PRICE INCLUDES: Three nights hotel accommodation in San Salvador • Two nights hotel accommodation in Copan • Overnight hotel accommodation in Concepcion de Ataco • Scheduled flight between San Salvador & Panama City • All meals (except lunch on day 7) • Excursions as described • Tour Manager • Gratuities • Transfers.
Not Included: Travel insurance, lunch on day 7, visas.

NB. Itinerary subject to change. Minimum numbers apply.

Monteverde Cloud Forest



Post-Cruise Costa Rica Extension 26th January to 1st February 2021 in-conjunction with 14th January voyage



Monteverde Cloud Forest Sky Walk

The Itinerary

Day 1 Puntarenas to Monteverde, Costa Rica. Disembark Sea Cloud Spirit this morning and transfer to Monteverde enjoying lunch along the way. On arrival check into the El Establo Hotel or similar for a two night stay and enjoy dinner at the hotel this evening.

Day 2 Monteverde. Today we will experience the hanging bridges of Monteverde Cloud Forest Sky Walk which cross the canyons below and bring us face to face with the upper level of the forest canopy. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. We will also have the opportunity to make our way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be served at a local restaurant.

Day 3 Monteverde to Arenal. This morning we will start our stunning journey to Arenal including a stop for lunch. Afterwards enjoy some time at leisure absorbing the region's lush and verdant flora and fauna whilst taking in its rare and diverse biosphere. Continue on to Arenal and check into the Kioro Hotel or similar for our two night stay. Tonight we will enjoy dinner at a local restaurant.

Day 4 Arenal. After breakfast, we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits the eruption provided to the region. There will also be the opportunity to enjoy a treetop cable car ride and for the

more adventurous, to participate in a zip-line adventure, providing an exhilarating bird's eye view of the park.

Day 5 Arenal to San Jose. Today we will make our way to San Jose, visiting the Poas Volcano National Park this morning. After a short walk, we will be treated to spectacular 180-degree views of the volcano's crater and the picturesque surrounding area. We will also visit the Doka Estate for an insight into one of Costa Rica's prime exports, coffee. Upon arrival into San Jose check in to the Real Intercontinental Hotel or similar for an overnight stay.

Day 6 San Jose to London. Check out from the hotel after breakfast and transfer to the airport for our scheduled indirect flight to London.

Day 7 London. Arrive today.

PRICES PER PERSON

Based on double occupancy

Twin: **£2795** Single: **£3245**

PRICE INCLUDES: Two nights hotel accommodation in Arenal & Monteverde • Overnight hotel accommodation in San Jose • All meals throughout (other than lunch on day 6), excursions • Noble Caledonia Tour Manager • Gratuities • Transfers.
Not Included: Travel insurance, lunch on day 6.

NB. Itinerary subject to change. Minimum numbers apply.

Arenal Park



Violet Sabrewing Hummingbird, Monteverde Cloud Forest



Pre-cruise Costa Rica Extension 21st to 26th January 2021 in-conjunction with 25th January voyage

Arenal Park



The Itinerary

Day 1 London to San Jose, Costa Rica. Fly by scheduled indirect flight. On arrival, transfer to the Real Intercontinental Hotel or similar. The remainder of the day is at leisure.

Day 2 San Jose to Arenal. Following breakfast at our hotel, we will first head to the Doka Estate for an insight into one of Costa Rica's prime exports, coffee. We will continue to Poas Volcano National Park, where after a short walk, we will be treated to spectacular 180 degree views of the volcano's crater and the picturesque surrounding areas. Following lunch in a local restaurant, we will transfer to the Tabacon Hot Springs which are heated by the nearby volcano and set in a tropical paradise. We will have some time here to relax before transferring to Arenal and checking in to the Kioro Hotel or similar for a two night stay. Dinner tonight will be at a local restaurant.

Day 3 Arenal. After breakfast, we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits the eruption provided to the region. There will also be the opportunity to enjoy a treetop cable car ride and for the more adventurous, to participate in a zip-line adventure, providing an exhilarating bird's eye view of the park. Following lunch, there will be time to relax and explore Arenal at leisure.

Day 4 Arenal to Monteverde. After breakfast we will start our stunning journey to Monteverde including a stop for lunch after which we will enjoy some time at leisure absorbing the region's lush and verdant flora and fauna whilst taking in its rare and diverse biosphere. Continue on to Monteverde and check-in to the El Establo Hotel or similar for our two night stay. Tonight we will enjoy dinner at a local restaurant.

Day 5 Monteverde. Today we will experience the hanging bridges of Monteverde Cloud Forest Sky Walk which cross the canyons below and bring us face to face with the upper level of the forest canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. We will also have the opportunity to make our way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be at a local restaurant.

Day 6 Monteverde to Puerto Caldera. After breakfast and a morning at leisure in the hotel we transfer to Sea Cloud Spirit in Puntarenas with lunch en-route.

PRICES PER PERSON

Based on double occupancy

Twin: **£2795**

Single: **£3245**

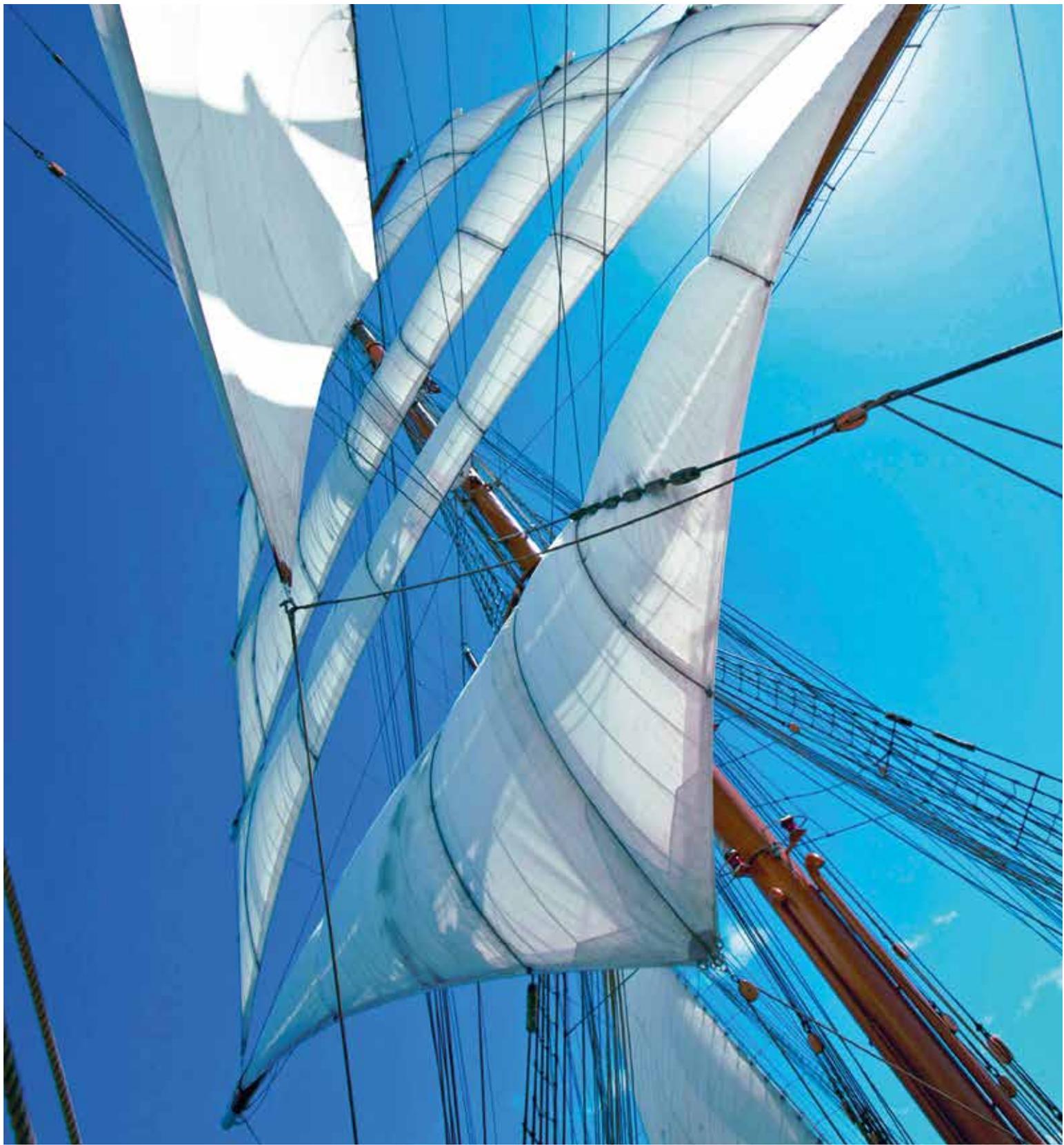
PRICE INCLUDES: Overnight hotel accommodation in San Jose • Two nights hotel accommodation in Arenal and Monteverde • All meals as mentioned • Excursions • English speaking guide • Noble Caledonia Tour Manager • Gratuities • Transfers.

Not Included: Travel insurance.

NB. Itinerary subject to change. Minimum numbers apply.



Monarch butterfly, Monteverde Cloud Forest



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All special offers are subject to availability. Our current booking conditions apply to all reservations and are available on request. Ports & itineraries subject to change.
Cover image: Hummingbird, Costa Rica.