

SPECIAL  
OFFER - SAVE  
**£500**  
PER PERSON

# CENTRAL AMERICAN ODYSSEY

A VOYAGE FROM GUATEMALA TO COSTA RICA  
INCLUDING EL SALVADOR, NICARAGUA &  
PANAMA ABOARD THE MS HEBRIDEAN SKY

15<sup>TH</sup> FEBRUARY TO 4<sup>TH</sup> MARCH 2026

NOBLE CALEDONIA



Mayan ruins of Tazumal



Lake Nicaragua



Hawksbill Sea Turtle

Join us aboard the all-suite MS Hebridean Sky as we explore Central America's Pacific coastline visiting Guatemala, El Salvador, Nicaragua, Costa Rica and Panama. If you have been contemplating a visit to Central America, then this fascinating voyage could offer you the perfect opportunity with its mix of cultural and natural wonders. Our itinerary is made possible by the Panama Canal, an engineering marvel allowing us to pass from the Caribbean Sea to the Pacific Ocean.

During our voyage, the history of the ancient Mayan civilisation, the colonial years and the more recent events of the region will be brought to life by our onboard team and local guides. There is also much of the natural world to occupy us on our journey including our visits to Costa Rica's Palo Verde National Park and Curu National Wildlife Refuge, El Salvador's most important marine ecosystem, the Jiquilisco Bay Biosphere Reserve, and the pristine Bocas del Toro archipelago in Panama. The birdlife of the region is magnificent, and it is home to countless species of endangered birds from tiny hummingbirds to flashy macaws and parrots, toucans and woodpeckers. Add an amazingly rich biodiversity of flora and fauna seen against some of the lushest of landscapes to be found anywhere in the world and you have the recipe for a perfect escape.

Such a varied and comprehensive itinerary would be difficult to comprehend or undertake by any other means than a cruise aboard a vessel like the MS Hebridean Sky with her expert expedition team, fleet of Zodiacs and just over 100 fellow passengers. We will be able to visit some small islands and ports which the larger cruise vessels simply cannot access and skip the arduous, lengthy land travel which such a trip would usually entail and instead relax on board as we deliver you to a new and exciting destination each day.



## The Itinerary

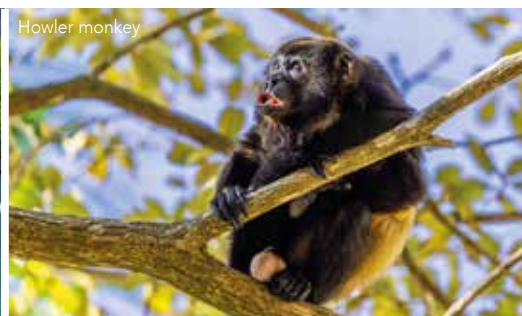
**Day 1 London to Antigua, Guatemala.** Fly by scheduled indirect flight to Guatemala City. On arrival we will transfer to our hotel in Antigua for a two night stay.

**Day 2 Antigua.** Spend the day in Antigua, a UNESCO World Heritage Site. Built between three magnificent volcanoes in 1542, it is one of the oldest and most beautiful cities in the Americas. Antigua remained an economic and political heart of Central America until a devastating earthquake in 1773 destroyed much of the city. After a morning at leisure, our afternoon tour will explore the city which is a wonder of colonial buildings, beautiful squares, cobblestone streets and Baroque churches. Meet tonight for dinner in the hotel.

**Day 3 Antigua to Puerto Quetzal.** We will check out in the late morning and make our way to the Pacific Coast. After lunch we will embark the MS Hebridean Sky in Puerto Quetzal and sail this evening.

**Days 4 & 5 Acajutla, El Salvador.** From the port of Acajutla our full day

excursion will discover the Mayan route starting at the archaeological site of Joya de Ceren, a UNESCO World Heritage Site known as the Pompeii of America. The site was covered by the Loma Caldera volcano explosion which kept the remains of pre-Hispanic civilisation covered for hundreds of years and it provides a unique insight into everyday life in a Mesoamerican farming community of the 6th century AD. We continue to the ruins of San Andres, once an important political and religious centre and testimony of the Indigo industry during the colonial period, better known as the 'Blue Gold'. After lunch in a local restaurant we will continue to Santa Ana and see the beautiful Gothic Cathedral and National Palace before our tour ends at the ruins of Tazumal, the largest pyramid in El Salvador which dates from 1500 BC and is an important Mayan settlement. The following day our morning tour will explore some of the colonial towns and communities on the 'Flower Route' named after the abundance of flowers found along the roadsides and in the villages. We will drive through the beautiful mountains to the town of Nahuizalco, home to one of the most longstanding native communities and arts and crafts production sites in the country. We continue to Ataco, the final stop on the Ruta de las Flores. Ataco is a quaint, colonial village that is known



for its natural beauty as well as its brightly painted homes, cobblestone streets, colourful murals and unique arts and crafts. We will return to the MS Hebridean Sky for lunch and a relaxing afternoon at sea.

**Day 6 La Union.** We have a day to explore the southern region of El Salvador and will offer a choice of excursion options. You may wish to follow the 'peace route' set up to remember the events of the 1980s when El Salvador experienced a bitter civil war. It is estimated that over 100,000 were killed in the fighting whilst half a million people fled into exile. We will visit Perquin, once a stronghold of the guerrillas and home to the Museum of the Revolution where former members of the rebel army are willing to share their experiences. We continue to the village of El Mozote where in December 1981 one of the worst atrocities occurred and more than 1000 people were killed in a single day. Our local guides will explain about living in the country during this time and we will see the monument erected for the victims and the memorial garden decorated with brightly coloured murals. Alternatively, visit the Jiquilisco Bay Biosphere Reserve which is El Salvador's most important marine ecosystem with the coastal area being made up of remote islands, mangrove canals and desolate beaches whilst inland we find beautiful forests and cacao plantations. It is an important base for migratory birds as well as a nesting site for four sea turtle species including one of only two sites in the Pacific for the endangered Hawksbill turtle. We explore the different areas of the reserve spending time with the environmentalists and scientists who will teach us about the conservation of the turtles, and we will walk through the forest on the lookout for spider monkeys. We will also visit a cacao plantation where we learn about the cultivation of cacao which creates some of the finest chocolate.

**Day 7 Corinto for Leon, Nicaragua.** Spend the morning cruising to the port of Corinto which is our base for a visit to Leon, the former capital of Nicaragua. Here we will explore the colonial architecture and the 18th century cathedral which is one of the most prominent buildings in the city with fantastic views from the rooftop. Inside we will see the fresco paintings, statues and the lion that guards the tomb of Ruben Dario, the famous Nicaraguan poet. There will be some free time for those who wish to visit the bustling market.



**Day 8 San Juan del Sur for Granada.** After an early breakfast we will leave from the friendly fishing village of San Juan del Sur for a full day tour to Granada and Lake Nicaragua. Founded in 1523, Granada is Nicaragua's oldest Spanish city and has retained much of its Spanish character with colonial churches, narrow streets and colourful Spanish style homes. We will enjoy a walking tour including the cathedral and convent of San Francisco where we find around 30 pre-Colombian stone statues dating back to 800 AD sculpted by the inhabitants of Zapatera Island on Lake Nicaragua. After lunch we continue to Lake Nicaragua and enjoy a relaxing boat ride amongst the 365 small islands created by the volcanic activity of the Mombacho Volcano around 20,000 years ago. Whilst some islands are inhabited, most remain unspoiled and are home to exotic plants, howler monkeys and orchids.

**Day 9 Palo Verde National Park, Costa Rica.** Our first stop in Costa Rica is Playa Flamingo in the Papagayo Gulf. Once a small fishing village it has grown into a popular destination for local Costa Rican tourism. We will use our Zodiacs to land before heading inland to the Palo Verde National Park where we will board local boats to travel along the Tempisque River seeing the mangroves and dry forest vegetation which is home to countless birds and multiple mammals. As we will be visiting in the dry season we hope to see peccaries, armadillos, jaguarondis, coatis, agoutis, deer and monkeys which are attracted to the river. We will enjoy lunch at the 19th century Hacienda House with views of the savannahs and sugar cane fields.

**Day 10 Curu National Park & Tortuga Island.** We spend the morning exploring the Curu National Wildlife Refuge which boasts a rich and diverse wildlife in five different habitats ranging from marine zones, including a wide beach area, mangrove swamps and tropical forests. Here on a range of walks we will find a number of species of birds, howler and capuchin monkeys, and turtles. Over lunch we sail the short distance to Tortuga Island where we spend the afternoon relaxing on the white sand beaches or swimming in the clear waters.

**Day 11 Puerto Jimenez & Golfito.** Awake in Puerto Jimenez from where we will visit one of the nearby fincas that specialises in cacao production. The crop has been grown in this region since the Mayans and we will learn about the cultivation of the crops and after walking through the plantation will see how it is transformed into chocolate. Alternatively, join a walk in La Perica Sloth Garden where there will be the opportunity to spot the animals in their natural environment as well as other wildlife including hummingbirds and iguanas. Over lunch we sail across Golfo Dulce to spend the afternoon at one of Costa Rica's most famous National Parks, the Golfito National Wildlife Refuge. Spread out over 2,810 hectares it is home to many species of birds including macaws, parrots and brown pelicans whilst common mammal sightings include white-faced capuchins, spider monkeys, howler monkeys and many species of snakes and butterflies.

**Day 12 Chiriqui Gulf Marine Park, Panama.** Arrive in Panama and visit the Chiriqui Gulf Marine Park which spreads over 36,000 acres and comprises of 25 islands and numerous coral reefs. Created in 1994, the marine park's aim is to aid the preservation of the region's ecosystems, diverse flora and

fauna, scientific conservation projects and protect the islands' endangered inhabitants. We will land on one of the islands where you may choose to take a nature walk learning about the local flora and fauna or find a spot under a palm tree on the beach and take a swim.

**Day 13 Panama Canal Transit.** After a morning at sea we spend the afternoon and evening transiting the Panama Canal. The first attempt to build the canal was made by a French company but ended in failure in 1889. The American government eventually bought out the French for 40 million dollars, and their attempt to build the canal started in 1904. Through the efforts of over 80,000 workers and the loss of more than 30,000 lives, the greatest single construction project ever undertaken was completed. The project ended in triumph, with the Canal opening in 1914, and it is now a vital artery of international trade, with nearly 14,000 ships travelling through it every year.

**Day 14 Colon.** Awake on the Caribbean Coast of Panama where, from our berth in Colon, we visit the delightful town of Portobelo which was discovered by Christopher Columbus in 1502. Our tour will provide an insight into the rich history of the area once known as a Paradise for Pirates. Visit Fort San Geronimo, Fort San Felipe, Customs House and the Black Christ Church (the patron Saint of Portobelo). Alternatively, visit the new locks of the Panama Canal expansion. The expansion was the largest project at the Canal since its original construction and created a new set of locks, doubling the waterway's capacity. At the Agua Clara Visitor Centre we can learn about the history of the canal, the expansion efforts and watch the ships passing through.

**Day 15 Bocas del Toro.** Today we will explore the Bocas del Toro archipelago, pristine islands which are now part of a national marine park. We spend the day surrounded by astounding beauty with the option to visit the small town of Bocas del Toro with free time to wander amongst the fine old Spanish buildings or maybe visit one of the local beaches for a swim in the clear waters.

**Day 16 Puerto Limon, Costa Rica.** Returning to Costa Rica we head to the Cahuita National Park. The area is filled with wildlife that includes howler monkeys, white-faced capuchin monkeys, raccoons, sloths, otters, coatis, agoutis, armadillos and porcupines. Several avian species also live in the swamp forest including the green ibis, the green kingfisher, the yellow crowned night-heron, the frigate bird and the boat-billed heron among others. Our naturalist guides will lead us through the trails of the rainforest, sharing their vast knowledge of this fragile ecosystem. Alternatively, take a boat ride through the scenic Tortuguero canals, known as the Costa Rican Amazon as the surrounding rainforest supports a wide range of flora and fauna. Here we can hopefully see waterfowl, monkeys, lizards, sloths and toucans. We return to the ship via a banana plantation where we learn about this staple of the local economy.

**Day 17 Puerto Limon to London.** Disembark this morning and transfer to San Jose for our scheduled flight to London.

**Day 18 London.** Arrive this morning.

## PRICES PER PERSON

Based on double occupancy

### SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£11295	£10795
Byrd	Superior	£11495	£10995
Mawson	Premium	£11795	£11295
Mawson	Corner	£12295	£11795
Scott	Deluxe Balcony	£13495	£12995
Shackleton	Owner's Balcony	£13795	£13295
Shackleton	Hebridean	£14295	£13795
Amundsen	Standard for sole use	£14295	£13795
Byrd	Superior for sole use	£14495	£13995

**PRICE INCLUDES:** Economy class scheduled air travel • Two nights hotel accommodation in Antigua, Guatemala with breakfast • Lunch on days 2 & 3, dinner on day 2 • 14 nights aboard the MS Hebridean Sky on a full board basis • House wine, beer & soft drinks with lunch and dinner • Noble Caledonia expedition team • Shore excursions • Gratuities • Transfers • Port taxes.

**Not Included:** Travel insurance.

## Post-cruise Costa Rica Extension

3<sup>rd</sup> to 9<sup>th</sup> March 2026

If you would like to discover more of Costa Rica after your cruise, you can join our five night extension which includes the Monteverde Cloud Forest and Arenal.



## The Itinerary

**Day 1 Puerto Limon to Arenal, Costa Rica.** Disembark this morning and transfer to Arenal enjoying lunch along the way. On arrival check into our hotel for a two night stay. Enjoy dinner at a local restaurant this evening. (B, L, D)

**Day 2 Arenal.** After breakfast we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits the eruption provided to the region. Following lunch there will be the opportunity to enjoy a treetop cable car ride, and for the more adventurous to participate in a zip-line adventure, providing an exhilarating bird's eye view of the park. (B, L, D)

**Day 3 Arenal to Monteverde.** This morning we make the picturesque journey to Monteverde Cloud Forest. On the way we will stop at the El Silencio de Los Angeles private reserve where the rangers will introduce the variety of fauna and flora in this tropical biosphere. After lunch we continue to Monteverde and check into our hotel for a two night stay. Meet for dinner in the hotel this evening. (B, L, D)

**Day 4 Monteverde.** Today we will experience the hanging bridges of the Monteverde Cloud Forest Sky Walk which cross the canyons below and bring us face to face with the upper level of the forest canopy. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. We will also have the opportunity to make our way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be served at a local restaurant. (B, L, D)

**Day 5 Monteverde to San Jose.** After breakfast we begin our journey to San Jose, making a visit en-route to the Espiritu Santo estate for an insight into one of Costa Rica's prime exports, coffee. Here we will learn about the processes involved in the harvesting and manufacturing of this ubiquitous beverage. Upon arrival into San Jose check in to our hotel for an overnight stay. (B, L, D)

**Day 6 San Jose to London.** Check out from the hotel after breakfast and transfer to the airport for our scheduled indirect flight to London. (B)

**Day 7 London.** Arrive today.

## PRICES PER PERSON

Based on double occupancy

Twin: £2595 Single: £3195

**Price Includes:** Two nights hotel accommodation in Arenal, two nights hotel accommodation in Monteverde, overnight hotel accommodation in San Jose, meals as indicated (B – Breakfast, L- Lunch, D - Dinner), excursions, English speaking guide, Noble Caledonia Tour Manager, gratuities, transfers.

**Not Included:** Travel insurance.

# MS HEBRIDEAN SKY



Alfresco Dining



Owner's Balcony Suite



The Restaurant

The much loved MS Hebridean Sky is one of our two flagships and sister vessel to the MS Island Sky. Both vessels were built in the same shipyard in Italy at similar times and share the same excellent attributes that make them two of the finest small ships in the world. With a maximum passenger capacity of only 118, a vessel of her size is capable of carrying many more but instead the MS Hebridean Sky has the benefit of unusually large suites, luxuriously appointed public areas and spacious outside decks.

## Your Suite

On board there are 59 exceptionally spacious and well-designed suites. All feature a sitting area and some have private balconies. The feeling of luxury is enhanced by the wood panelling and brass, which predominates throughout the vessel conveying the atmosphere of a private yacht. The passenger accommodation is arranged over five decks and all suites have outside views with those on the Scott and Shackleton Decks featuring private balconies. Each suite affords considerable comfort with en-suite bathroom featuring vanity unit with sink and walk-in shower, large wardrobes, dressing table with large mirror and stool and excellent storage. There is a mini-fridge, television and a telephone in each suite. Refillable water bottles, towelling dressing gowns and slippers are also provided for your comfort. Other facilities include a programmable electronic safe, hairdryer, assorted Molton Brown toiletries and individually controlled air-conditioning and heating. Soft hues and blended tones enhance the traditional maritime style making the passenger accommodation an inviting and relaxing place to be.

## Your Dining

With only one sitting and a maximum of just over 100 passengers, the cuisine on board the MS Hebridean Sky is of a consistent superior quality that befits such a vessel. In keeping with the informal atmosphere on board, when dining you are able to choose your seating arrangements and choice of restaurants at your leisure; whether that be joining a table of four to six other passengers in the elegant à la carte Restaurant or, outside buffet-style on the Lido Deck in the evening sunshine. In the main Restaurant, breakfast is served buffet-style, with certain items cooked to order on request. Lunch and dinner menus offer plenty of choice, often reflecting the daily catch and local delicacies. The Welcome and Farewell dinners are a sumptuous five course affair. To enhance your dining experience further a selection of wines is included with both meals. Afternoon tea and pre-dinner canapés take place in either the comfort of the Lounge or out on the Lido Deck when the weather is favourable. Tea and coffee are also available 24 hours a day. Special diets can be catered for with sufficient notice.



The Library



Superior Suite



The Club

### Your Space

The spacious and finely decorated public rooms include a large Lounge on the Byrd Deck featuring a selection of seating options from individual armchairs and sofas to side cushioned benches. Daily briefings given by the Cruise Director and talks from Guest Speakers and expedition staff take place in the Lounge. In addition to the main Lounge, there is also The Club, located on the Mawson Deck which features the main bar. The Club also features a 24-hour tea and coffee station. Towards the aft of the ship on the Mawson Deck is the Library. Well stocked with reference books pertaining to the destinations the vessel is visiting and a selection of essential reads, you will not find yourself short of excellent literature on board. A collection of games and devices to access the internet via the ship's satellite can also be found in the library. Access to the ship's satellite Wi-Fi via your own device is complimentary on board (*signal strength varies depending on location and demand*). The main Restaurant, which can seat all guests at one sitting, is located on the Amundsen Deck, and outside there is a rear Lido Deck located on the Scott Deck where meals are served in warm weather under shade. Further to this on the top Shackleton Deck there is an observation area, complete with sun loungers for sunbathing, relaxing with a book or catching up with fellow travellers. The Promenade Deck wraps around the whole ship providing outstanding views. There is also a small beauty salon on board with appointments made on request.

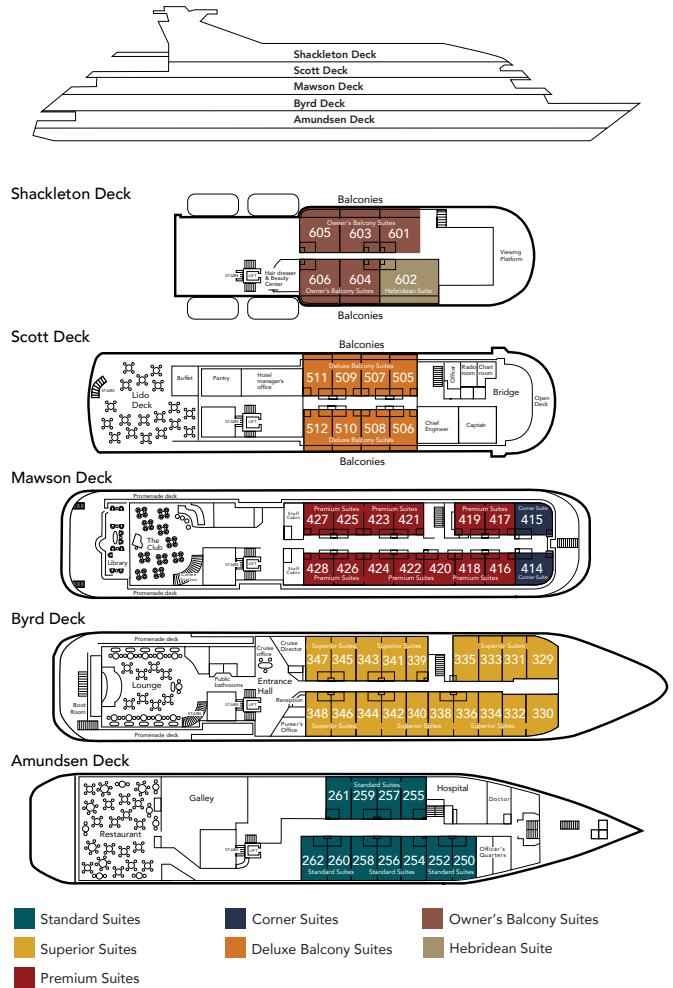
### Your Comfort

The MS Hebridean Sky is equipped with the latest safety, navigation and communications equipment along with roll stabilisers to minimise the ship's motion. During your voyage we hope to offer you the opportunity to visit the Captain and Officers on the Bridge to check the vessel's progress by charts and learn more about your journey. On board you will also find a clinic and Doctor and a lift that serves all decks. When at anchor our nimble Zodiacs will ferry you ashore or, on select cruises, enjoy Zodiac cruises getting you closer to the natural world.


### Your Life On Board

The atmosphere on board is warm and convivial and more akin to a private yacht or country hotel in which you can learn more about the wonderful destinations you are visiting in the company of like-minded people. There is a high ratio of crew to passengers and our friendly crew of 75 are mainly Filipino and Eastern European and our Captains are experienced mariners. After a day ashore you will return to the comfort and peace of a well-run and exceedingly comfortable ship where peace, high quality of service and attention to detail are the order of the day. A little music in the Lounge or bar after dinner, Guest Speakers and informative port briefings and of course good food, all contribute to make any voyage aboard this wonderful vessel a memorable and joyful experience.

### MS HEBRIDEAN SKY DECK PLAN



Please note that beds in each suite can be configured as double or twin with the exception of suites 601 and 602 which feature a fixed double bed.



During this voyage you will be visiting out of the way destinations and will be accompanied by an expedition team. Landings and excursions will be made by Zodiac landing craft. This cruise will appeal to the more adventurous and those who enjoy the natural world.



# NOBLE CALEDONIA

2 Chester Close, Belgravia, London, SW1X 7BE  
 +44 (0)20 7752 0000 | info@noble-caledonia.co.uk  
 www.noble-caledonia.co.uk



All special offers are subject to availability. Our current booking conditions apply to all reservations and are available on request.  
 Cover image: Antigua, Guatemala.