

SPECIAL  
OFFER - SAVE  
**£500**  
PER PERSON

# ANCIENT & NATURAL WONDERS OF CENTRAL AMERICA

A VOYAGE FROM COSTA RICA TO GUATEMALA  
INCLUDING NICARAGUA & EL SALVADOR  
ABOARD THE MS HEBRIDEAN SKY

7<sup>TH</sup> TO 20<sup>TH</sup> FEBRUARY 2026

NOBLE CALEDONIA

This unique voyage from Puerto Caldera in Costa Rica to Guatemala's captivating, UNESCO World Heritage city of Antigua by way of Nicaragua and El Salvador is a fascinating journey through some of Central America's most picturesque and fascinating destinations. The region is imbued with colour and culture with a tremendous mix of natural beauty and historical sites which we will discover accompanied by our knowledgeable expedition team and excellent local guides.

An unusual and appealing aspect of our unique voyage will be our four days of exploration in El Salvador, a small and often overlooked country in the region but one which offers an extraordinary array of wildlife, magnificent birdlife, Mayan ruins and stunning scenery. We will also spend time in Nicaragua, Central America's largest country and one that remains delightfully undiscovered where we will witness extraordinary volcanic landscapes and take in the splendours of the colonial cities, from the pastel hues of the great buildings that line the streets of Granada to the shady gardens, plazas and colonial architecture of delightful Leon.

Natural wonders abound during our itinerary and some of the highlights will be our visit to Costa Rica's Curu National Wildlife Refuge and the Palo Verde National Park where we hope to see capuchin monkeys, turtles, armadillos, jaguarondis and coatis. We will also experience two of Central America's most picturesque lakes. Whilst in Nicaragua we will enjoy a relaxing boat ride on Lake Nicaragua, the largest lake in Central America where the serene waters surround a series of volcanic islands, and during our time in Guatemala we will visit Lake Atitlan, described by Aldous Huxley as the most beautiful lake in the world.

Our days will be spent searching for endemic flora and fauna in some splendid national parks with our onboard naturalists, learning about the colonial and often turbulent history of the region, discovering Mayan ruins and visiting some charming towns. If you have been contemplating a visit to Central America, then this fascinating voyage could offer you the perfect opportunity with its mix of natural and ancient wonders.



Antigua



Tortuga Island



Leon Cathedral



Scarlet Macaw



Hawksbill Sea Turtle



Armadillo



Exploring by Zodiac



Lake Nicaragua

## The Itinerary

**Day 1 London to San Jose, Costa Rica.** Fly by scheduled flight. Arrive and transfer to our hotel for an overnight stay.

**Day 2 San Jose to Puerto Caldera.** After breakfast in the hotel and some free time, we will transfer to Puerto Caldera, enjoying a local lunch on the way. On arrival, embark the MS Hebridean Sky.

**Day 3 Curu National Park & Tortuga Island.** We spend the morning exploring the Curu National Wildlife Refuge which boasts a rich and diverse wildlife in five different habitats ranging from marine zones, including a wide beach area, mangrove swamps and tropical forests. Here on a range of walks we will find a number of species of birds, howler and capuchin monkeys and turtles. Over lunch we sail the short distance to Tortuga Island where we will spend the afternoon relaxing on the white sand beaches or swimming in the clear waters.

**Day 4 Palo Verde National Park.** Our final stop in Costa Rica is Playa Flamingo in the Papagayo Gulf. Once a small fishing village it has grown into a popular destination for local Costa Rican tourism. We will use our Zodiacs to land before heading inland to the Palo Verde National Park where we will board local boats to travel along the Tempisque River seeing the mangroves and dry forest vegetation which is home to countless birds and multiple mammals. As we will be visiting in the dry season we hope to see peccaries, armadillos, jaguarondis, coatis, agoutis, deer and monkeys which are attracted to the river. We will enjoy lunch at the 19th century Hacienda House with views of the savannahs and sugar cane fields.

**Day 5 San Juan del Sur for Granada, Nicaragua.** After an early breakfast we will leave from the friendly fishing village of San Juan del Sur for a full day tour to Granada and Lake Nicaragua. Founded in 1523, Granada is Nicaragua's oldest Spanish city and has retained much of its Spanish character with colonial churches, narrow streets and colourful Spanish style homes. We will enjoy a walking tour including the cathedral and convent of San Francisco where we find around 30 pre-Colombian stone statues dating back to 800 AD sculpted by the inhabitants of Zapatera Island on Lake Nicaragua. After a local lunch we will continue to Lake Nicaragua and enjoy a relaxing boat ride amongst the 365 small islands created by the volcanic activity of the Mombacho Volcano around 20,000 years ago. Whilst some islands are inhabited, most remain unspoiled and are home to exotic plants, howler monkeys and orchids.

**Day 6 Corinto for Leon.** The port of Corinto is our base for our visit to Leon, the former capital of Nicaragua. Here we will explore the colonial architecture and the 18th century cathedral which is one of the most prominent buildings in the city with fantastic views from the rooftop. Inside we will see the fresco paintings, statues and the lion that guards the tomb of Ruben Dario, the famous Nicaraguan poet. There will be some free time for those who wish to visit the bustling market.

**Days 7 & 8 La Union, El Salvador.** We have two days to explore the southern region of El Salvador and will offer a number of excursion options. You may

wish to follow the 'peace route' set up to remember the events of the 1980s when El Salvador experienced a bitter civil war. It is estimated that over 100,000 were killed in the fighting whilst half a million people fled into exile. We will visit Perquin, once a stronghold of the guerrillas and home to the Museum of the Revolution where former members of the rebel army are willing to share their experiences. We continue to the village of El Mozote where in December 1981 one of the worst atrocities occurred and more than 1000 people were killed in a single day. Our local guides will explain about living in the country during this time and we will see the monument erected for the victims and the memorial garden decorated with brightly coloured murals. There will also be a tour to Alegria, the birthplace of the writer Alberto Masferrer and where we visit the lagoon known as the 'Emerald of America' located in the Tecapa Volcano. A full day tour will also visit the Jiquilisco Bay Biosphere Reserve which is El Salvador's most important marine ecosystem with the coastal area being made up of remote islands, mangrove canals and desolate beaches whilst inland we find beautiful forests and cacao plantations. It is an important base for migratory birds as well as a nesting site for four sea turtle species including one of only two sites in the Pacific for the endangered Hawksbill Turtle. We explore the different areas of the reserve spending time with the environmentalists and scientists who will teach us about the conservation of the turtles, and we will walk through the forest on the lookout for spider monkeys. We will also visit a cacao plantation where we learn about the cultivation of cacao which creates some of the finest chocolate.

**Days 9 & 10 Acajutla.** From the port of Acajutla our full day excursion will discover the Mayan route starting at the archaeological site of Joya de Ceren, a UNESCO World Heritage Site known as the Pompeii of America. The site was covered by the Loma Caldera volcano explosion which kept the remains of pre-Hispanic civilisation covered for hundreds of years and the site provides a unique insight into everyday life in a Mesoamerican farming community of the 6th century AD. We continue to the ruins of San Andres, once an important political and religious centre and testimony of the Indigo industry during the colonial period, better known as the 'Blue Gold'. After lunch in a local restaurant we will continue to Santa Ana and see the beautiful Gothic Cathedral and National Palace before our tour ends at the ruins of Tazumal, the largest pyramid in El Salvador which dates from 1500 BC and is an important Mayan settlement. The following day our morning tour will explore some of the colonial towns and communities on the 'Flower Route' named after the abundance of flowers found along the roadsides and in the villages. We will drive through the beautiful mountains to the town of Nahuizalco, home to one of the most longstanding native communities and arts and crafts production sites in the country. We continue to Ataco, the final stop on the Ruta de las Flores. Ataco is a quaint, colonial village that is known for its natural beauty, as well as its brightly painted homes, cobblestone streets, colourful murals and unique arts and crafts. We will return to the MS Hebridean Sky for lunch and a relaxing afternoon at sea.

**Day 11 Puerto Quetzal to Antigua, Guatemala.** We will disembark after breakfast in Puerto Quetzal and drive to Antigua, a UNESCO World Heritage



Ruins of Tazumal

Site. Built between three magnificent volcanoes in 1542, it is one of the oldest and most beautiful cities in the Americas. Antigua remained an economic and political heart of Central America until a devastating earthquake in 1773 destroyed much of the city. We will explore the city which is a wonder of colonial buildings, beautiful squares, cobblestone streets and Baroque churches. This afternoon we will transfer to our hotel for a two night stay and the remainder of the day will be at leisure for independent exploration before we meet for dinner tonight.

**Day 12 Lake Atitlan.** After breakfast, we embark on full day tour to Lake Atitlan, described by Aldous Huxley as the most beautiful lake in the world. Surrounded by 12 post-Mayan villages, all bearing the names of Catholic saints, and surrounded by three majestic volcanoes, the experience is unique. We visit the main town of Panajachel where there will be some time at leisure to take some photographs and explore the local shops. After lunch in a local restaurant we will head back to our hotel in Antigua and there will be some free time before we meet for dinner this evening.

**Day 13 Antigua to London.** Check out from the hotel after breakfast and transfer to Guatemala City airport for our scheduled indirect flight to London.

**Day 14 London.** Arrive this morning.

## PRICES PER PERSON

Based on double occupancy

### SPECIAL OFFER – SAVE £500 PER PERSON FOR A LIMITED TIME ONLY

Deck	Suite Category	Brochure Price	Special Offer Price
Amundsen	Standard	£9495	£8995
Byrd	Superior	£9695	£9195
Mawson	Premium	£9895	£9395
Mawson	Corner	£10295	£9795
Scott	Deluxe Balcony	£11495	£10995
Shackleton	Owner's Balcony	£11795	£11295
Shackleton	Hebridean	£12495	£11995
Amundsen	Standard for sole use	£11495	£10995
Byrd	Superior for sole use	£11695	£11195

**PRICE INCLUDES:** Economy class scheduled air travel • Nine nights aboard the MS Hebridean Sky on a full board basis • House wine, beer & soft drinks with lunch and dinner • Overnight hotel accommodation in San Jose with breakfast • Two nights hotel accommodation in Antigua, Guatemala with breakfast • Lunch on day 2 & lunch and dinner on days 11 & 12 • Shore excursions • Noble Caledonia expedition team • Gratuities • Transfers • Port taxes.

**Not Included:** Travel insurance.

## Pre-cruise Costa Rica Extension

3<sup>rd</sup> to 8<sup>th</sup> February 2026

If you would like to discover more of Costa Rica before your cruise, you can join our five night extension which includes the Monteverde Cloud Forest and Arenal.



Arenal volcano

## The Itinerary

**Day 1 London to San Jose, Costa Rica.** Fly by scheduled indirect flight. On arrival, transfer to our hotel for an overnight stay. The remainder of the day is at leisure.

**Day 2 San Jose to Arenal.** Following breakfast at our hotel, we will first head to the Doka Estate for an insight into one of Costa Rica's prime exports, coffee. We will continue to the Poas Volcano National Park, where after a short walk, we will be treated to spectacular 180 degree views of the volcano's crater and the picturesque surrounding areas. Following lunch in a local restaurant, we will transfer to the Tabacon Hot Springs which are heated by the nearby volcano and set in a tropical paradise. After some time here to relax, we will transfer to Arenal and check in to our hotel for a two night stay. Dinner tonight will be at a local restaurant. (B, L, D)

**Day 3 Arenal.** After breakfast, we depart for a guided visit to Arenal Park. Here, we will take a walk through the area where the Arenal volcanic eruption took place in 1968, learning about the destruction this caused and the subsequent rebirth of life via the rich mineral deposits. (B, L, D)

**Day 4 Arenal to Monteverde.** This morning we take the picturesque journey to Monteverde Cloud Forest. On the way we will stop at the El Silencio de Los Angeles private reserve where the rangers will introduce the variety of fauna and flora in this tropical biosphere. After lunch we continue to Monteverde and check into our hotel for a two night stay before dinner in the hotel this evening. (B, L, D)

**Day 5 Monteverde.** Today we will experience the hanging bridges of the Monteverde Cloud Forest Sky Walk which crosses the canyons below and will bring us face to face with the upper level of the forest canopy. The trails extend for slightly over a mile and a half and we will be accompanied by local guides. Biologists now know that about 90 percent of all organisms in a rainforest are found in the canopy. There will also be the opportunity to make your way up to one of the highest mountains in the area by Sky Tram, a tranquil way to take in the natural beauty of the forest. After lunch we will enjoy further exploration of the forest with a walk in the Monteverde Cloud Forest Biological Reserve. Dinner tonight will be at a local restaurant. (B, L, D)

**Day 6 Monteverde to Puerto Caldera.** After breakfast and a leisurely morning at the hotel we will transfer to the MS Hebridean Sky in Puerto Caldera with lunch en-route and continue with the main cruise itinerary from Day 2. (B, L)

## PRICES PER PERSON

Based on double occupancy

Twin: £2595 Single: £3195

**Price Includes:** Two nights hotel accommodation in Arenal, two nights hotel accommodation in Monteverde, overnight hotel accommodation in San Jose, meals as indicated (B - Breakfast, L - Lunch, D - Dinner), excursions, English speaking guide, Noble Caledonia Tour Manager, gratuities, transfers.

**Not Included:** Travel insurance.

# MS HEBRIDEAN SKY



Alfresco Dining



Owner's Balcony Suite



The Restaurant

The much loved MS Hebridean Sky is one of our two flagships and sister vessel to the MS Island Sky. Both vessels were built in the same shipyard in Italy at similar times and share the same excellent attributes that make them two of the finest small ships in the world. With a maximum passenger capacity of only 118, a vessel of her size is capable of carrying many more but instead the MS Hebridean Sky has the benefit of unusually large suites, luxuriously appointed public areas and spacious outside decks.

## Your Suite

On board there are 59 exceptionally spacious and well-designed suites. All feature a sitting area and some have private balconies. The feeling of luxury is enhanced by the wood panelling and brass, which predominates throughout the vessel conveying the atmosphere of a private yacht. The passenger accommodation is arranged over five decks and all suites have outside views with those on the Scott and Shackleton Decks featuring private balconies. Each suite affords considerable comfort with en-suite bathroom featuring vanity unit with sink and walk-in shower, large wardrobes, dressing table with large mirror and stool and excellent storage. There is a mini-fridge, television and a telephone in each suite. Refillable water bottles, towelling dressing gowns and slippers are also provided for your comfort. Other facilities include a programmable electronic safe, hairdryer, assorted Molton Brown toiletries and individually controlled air-conditioning and heating. Soft hues and blended tones enhance the traditional maritime style making the passenger accommodation an inviting and relaxing place to be.

## Your Dining

With only one sitting and a maximum of just over 100 passengers, the cuisine on board the MS Hebridean Sky is of a consistent superior quality that befits such a vessel. In keeping with the informal atmosphere on board, when dining you are able to choose your seating arrangements and choice of restaurants at your leisure; whether that be joining a table of four to six other passengers in the elegant à la carte Restaurant or, outside buffet-style on the Lido Deck in the evening sunshine. In the main Restaurant, breakfast is served buffet-style, with certain items cooked to order on request. Lunch and dinner menus offer plenty of choice, often reflecting the daily catch and local delicacies. The Welcome and Farewell dinners are a sumptuous five course affair. To enhance your dining experience further a selection of wines is included with both meals. Afternoon tea and pre-dinner canapés take place in either the comfort of the Lounge or out on the Lido Deck when the weather is favourable. Tea and coffee are also available 24 hours a day. Special diets can be catered for with sufficient notice.



The Library



Superior Suite



The Club

### Your Space

The spacious and finely decorated public rooms include a large Lounge on the Byrd Deck featuring a selection of seating options from individual armchairs and sofas to side cushioned benches. Daily briefings given by the Cruise Director and talks from Guest Speakers and expedition staff take place in the Lounge. In addition to the main Lounge, there is also The Club, located on the Mawson Deck which features the main bar. The Club also features a 24-hour tea and coffee station. Towards the aft of the ship on the Mawson Deck is the Library. Well stocked with reference books pertaining to the destinations the vessel is visiting and a selection of essential reads, you will not find yourself short of excellent literature on board. A collection of games and devices to access the internet via the ship's satellite can also be found in the library. Access to the ship's satellite Wi-Fi via your own device is complimentary on board (*signal strength varies depending on location and demand*). The main Restaurant, which can seat all guests at one sitting, is located on the Amundsen Deck, and outside there is a rear Lido Deck located on the Scott Deck where meals are served in warm weather under shade. Further to this on the top Shackleton Deck there is an observation area, complete with sun loungers for sunbathing, relaxing with a book or catching up with fellow travellers. The Promenade Deck wraps around the whole ship providing outstanding views. There is also a small beauty salon on board with appointments made on request.

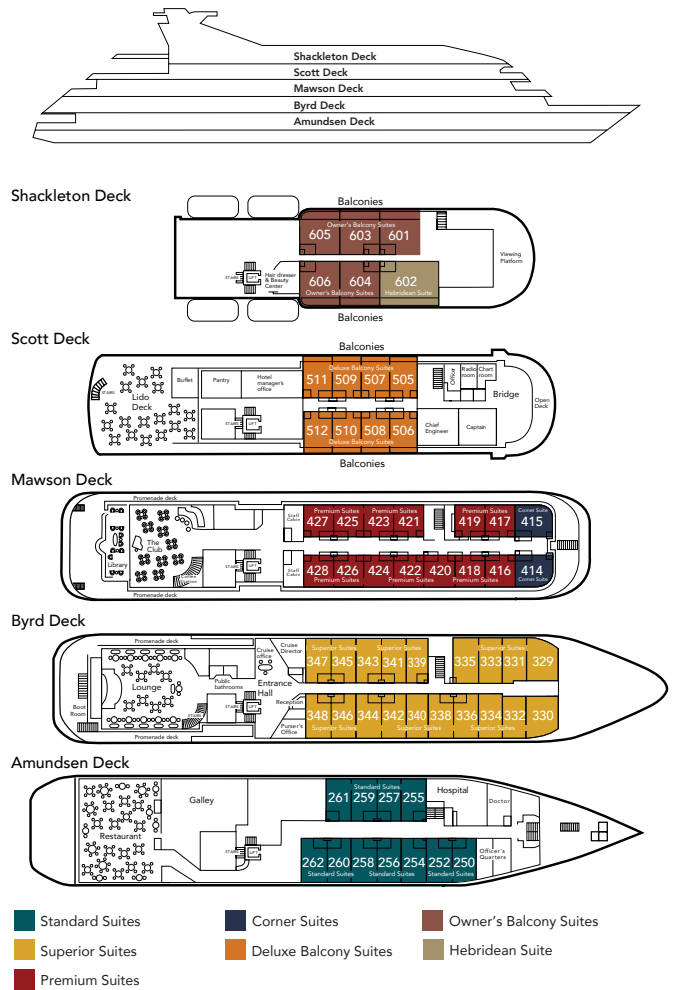
### Your Comfort

The MS Hebridean Sky is equipped with the latest safety, navigation and communications equipment along with roll stabilisers to minimise the ship's motion. During your voyage we hope to offer you the opportunity to visit the Captain and Officers on the Bridge to check the vessel's progress by charts and learn more about your journey. On board you will also find a clinic and Doctor and a lift that serves all decks. When at anchor our nimble Zodiacs will ferry you ashore or, on select cruises, enjoy Zodiac cruises getting you closer to the natural world.

### Your Life On Board

The atmosphere on board is warm and convivial and more akin to a private yacht or country hotel in which you can learn more about the wonderful destinations you are visiting in the company of like-minded people. There is a high ratio of crew to passengers and our friendly crew of 75 are mainly Filipino and Eastern European and our Captains are experienced mariners. After a day ashore you will return to the comfort and peace of a well-run and exceedingly comfortable ship where peace, high quality of service and attention to detail are the order of the day. A little music in the Lounge or bar after dinner, Guest Speakers and informative port briefings and of course good food, all contribute to make any voyage aboard this wonderful vessel a memorable and joyful experience.

### MS HEBRIDEAN SKY DECK PLAN



Please note that beds in each suite can be configured as double or twin with the exception of suites 601 and 602 which feature a fixed double bed.

During this voyage you will be visiting out of the way destinations and will be accompanied by an expedition team. Landings and excursions will be made by Zodiac landing craft. This cruise will appeal to the more adventurous and those who enjoy the natural world.



# NOBLE CALEDONIA

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All special offers are subject to availability. Our current booking conditions apply to all reservations and are available on request.  
 Cover image: Lake Atitlan.